

HARC's *Interfaith* Book Club resumes via ZOOM

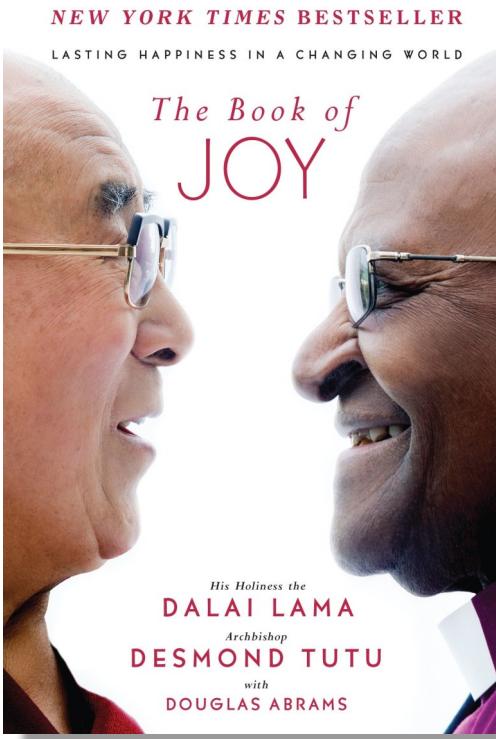
January selection:
The Book of Joy

By His Holiness the Dalai Lama
Archbishop Desmond Tutu
with Douglas Abrams

January 12, 19 & 26
7 p.m. to 8:30 p.m.

Facilitated by Rev. Sandy Boyer
Interfaith Coordinator for HARC

Please RSVP to director@harccoalition.org
to receive the Zoom link



Nobel Peace Prize Laureates His Holiness the Dalai Lama and Archbishop Desmond Tutu have survived more than fifty years of exile and the soul-crushing violence of oppression. Despite their hardships — or, as they would say, because of them — they are two of the most joyful people on the planet.

Archbishop Tutu traveled to the Dalai Lama's home in Dharamsala, India, in April 2015 to celebrate His Holiness's 80th birthday and to create what they hoped would be a gift for others. They looked back on their long lives to answer a single question: How do we find joy in the face of life's inevitable suffering? In the depths of winter and the midst of societal division, we'll learn from these two spiritual giants and see if we can bring more joy into our lives and thus the world.

