



God did not intend for His children to live as individual islands of faith, but rather as a community of believers..." Steven L. Pogue

ADULT DISCIPLESHIP HOUR GROUPS

*Most meet Sundays in between our contemporary and traditional services from
10am—10:45am*

Gordon Painter Class (room 102) – Contact: Eric Crissman ejcrissman@gmail.com

Composed of married couples and singles of various ages, the Gordon Painter class promises a warm and personal welcome. They strive to study God's Word and learn better how to apply it to their lives. They support each other and the Church family as they share joys and sorrows in various types of fellowship. The class also raises money to provide funds for various mission outreach projects. They have an annual Brunswick stew sale and several smaller projects throughout the year.

Faith Journeys Class (room 104) – Contact: J.J. Kelley kelleytwins@triad.rr.com

Composed of singles and married couples, Faith Journeys is a mission-minded group. Their Bible studies are interactive, round-table discussions. Each member brings something new to the group.

Reflections (room 114) – Contact Lindy Halverson lindylh@gmail.com

Are you looking for a place to connect with other adults after the 9am worship service? Would you like to discuss what you just heard in Pastor Kevin's sermon? The Reflections small group may be what you are looking for!!! Grab some refreshments from our coffee shop and join Tom & Lindy Halverson in room 114.

Men's Bible Class (room 116) – Contact: Tommy Hayes

This class is made up of a small group of senior adult men. They use the Adult Bible Studies for lessons to study God's Word.

T. J. Whitehead Class (room 132) – Contact: Nelson Young nyoung@triad.rr.com

This class is a close and supportive group of mature couples and singles. They use the Adult Bible Series and encourage open discussion in the class. The class is mission-minded and supports the Church in all its outreach projects. Where there is a need, the TJ Whitehead class is always ready to help. They believe that faith grows not only through service, but also through fellowship and fun. They take annual trips to the mountains and beach, as well as dinners and other get-togethers. The class feels that it is through study, service, support, fellowship and fun that we truly show the love of Jesus Christ to those with whom we come in contact.

Coffee Talk (room 134) - Contact : Jennifer & David Easter jls814@yahoo.com & Jenn & Ryan Croston jcroston56@gmail.com . Are you looking to meet new people at church or for a place to connect during the Discipleship hour? If so, coffee talk may be for you. Grab some coffee from our coffee shop and join the Easters and Crostons for some great conversation.

New Horizons Class (room 214) – Contact: Marilyn Perkey mperkey@triad.rr.com
The class consists of singles and couples who seek to relate God's word from the Bible to daily life. They use contemporary video and books in their lessons. The class is involved in several mission projects including, monthly contributions to Allied Churches, helping needy families in the community and the Spirit of Life Tree in Stafford Hall at Christmas. New Horizons also sponsor two Spaghetti lunches each year to raise money for Scholarships awarded in the spring to college students.

LIFE GROUPS

A small group of 6-12 people who meet together weekly for spiritual growth in their discipleship. Every LIFE group strives to reach UP, IN, OUT, & FORWARD

UP - through prayer, worship, and study; IN - through mutual care, support, and encouragement; OUT - in mission, service, and invitational witness, and FORWARD - empowering and equipping new disciples & leaders.

FAQs about LIFE Groups

Who are LIFE Groups for? Whether you're brand-new to First UMC Graham or you've been coming for years, a LIFE Group is a great next step for anyone who wants to grow in their relationship with God and others.

What is a typical LIFE Group session like? Each LIFE Group is unique, but generally all groups have some social time with snacks and conversation up front, followed by a time of study and prayer. The meeting will last somewhere around 1 & 1/2 to 2 hours.

Who leads the group? A LIFE Group facilitator is someone who is recognized, trained, and appointed to serve the members of their group by starting, organizing and helping to maintain the healthy functioning of that LIFE Group.

How often will we meet? Groups meet weekly at a time most convenient for each member in the group. If a LIFE group that you are interested in does not fit your schedule, let us know and we will look into starting a new one.

Where will we meet? Most LIFE Groups meet in group member's homes (they are called hosts). Some groups meet consistently in one home, while other groups choose to take turns meeting in different group member's homes.

How long will my group last? All groups complete one full study together. After that, group members decide together whether they'd like to continue on as a group. If the group does decide to go on, there are natural on and off ramps built into the life cycle of every group (breaks between studies, Christmas and Summer break, etc.) so you'll be able to transition out of the group if it's not the best fit for you, or if your circumstances change.

CURRENT LIFE GROUPS

Email a leader if you are interested or would like additional information

SUNDAY

Parents with Young Children in Graham- 10:15am—11:45am

Leaders: Nathan & Brittany Blake nablake0512@gmail.com

TUESDAY

Intergenerational Couples and Singles Group in GRAHAM/BURLINGTON - 6:30pm-8:30pm

Leaders: Martin & Marilyn Perkey mperkey@redballdesigns.com

Intergenerational Women's Group in GRAHAM - 7-8:30pm.

Leader: Wendy Yoder wendyod18@gmail.com

WEDNESDAY

Intergenerational Men's Group in MEBANE— 7-8:30pm

Leader: Jason Woody jjwoody324@aol.com

THURSDAY

Intergenerational Women's Group in GRAHAM— 7-8:30pm

Leader: Cathy Key cathjeff@bellsouth.net

BIBLE STUDIES

COVENANT BIBLE STUDY - Contact: Pat Morgan pmorgan864@gmail.com

The Covenant experience will guide participants in a comprehensive, in-depth study of the Bible over twenty-four weeks. Unlike the learning participants may have experienced in other groups, this in-depth study of the whole Bible emphasizes the biblical concept of covenant as a unifying pattern through all the books in the Old and New Testaments.

MEN'S BREAKFAST BIBLE STUDY - Contact: Pastor Baker kevin@fumcgraham-nc.org

Meets the first Sunday of every month at 7am in room 126 for breakfast and then a Bible study led by Pastor Kevin.

FIRST PLACE 4 HEALTH— Contact: Kay Ferguson kferguson10@hotmail.com

A Christ-centered healthy living program, that helps you create spiritual, physical, mental and emotional balance. Usually meets every Sunday evening at 5pm in room 104 (please email Kay for current schedule). This study guides readers to discover the importance of daily prayer and Bible study in their pursuit of victory over the everyday trials and temptations of life.

LUNCH BUNCH BIBLE STUDY— Contact: Jean Boren twoborens@gmail.com

A women's Bible study that meets on Fridays in a host home. Bring your Bible & your lunch and expect to enjoy some amazing spiritual friendships.

PRAYER AND INTEREST GROUPS

ONGOING

PRAYER BREAKFAST- Contact: Nancy Gant natesnana48@att.net

A dedicated group of prayer warriors meet on Thursday mornings at 8:15AM at Hursey's Bar-B-Q, 1234 S. Main St, Graham for breakfast and to lift up prayer requests of need or celebration. There are currently 16 in the group and at least 12 of them have been part of the TPB since its beginning in 2002. Please come and join us

PRAYER TEAMS- Contact: Doris Sugg dsugg9@triad.rr.com

The purpose of the FUMC Graham Prayer Team Ministry is to glorify God through prayer for the ministry of FUMC; our local government and community; our national government; our military and their families; the members of God's church; spiritual guidance in our daily lives; the common good of fellow Christians. We have 11 prayer teams which consist of at least six people per team and a team captain. Each team prays for one prayer subject per week of 12 prayer subjects.

YOUNG IN HEART - Contacts: Alvis & Jean Webster webs9400@bellsouth.net

If you or your spouse are 50 or over, come join us for fellowship, friendship and fun. We plan events so that, working or retired, active or less active, you can attend. This might include a relaxing day in the mountains or a tour of a museum. No matter what the event, the time spent together in fellowship is definitely the most fun of all. Come join us and see what fun and new adventures await!

UNITED METHODIST WOMEN (UMW) - Contact: Susan Rayle libertygirl74@yahoo.com

UMW units and circles are committed to be communities of women whose PURPOSE is to KNOW God and to EXPERIENCE freedom as whole persons through Jesus Christ: To DEVELOP a creative, supportive fellowship: and to EXPAND concepts of mission through participation in the Global ministries of the church. We have four groups (circles) of women that meet on a regular basis. Email Susan for circle information and to find out when and where the groups meet.

CROCHET GROUP - Contact: Jeanne Owen jeannewowen@gmail.com

Join both beginners and more advanced skill levels for crocheting from September through May. This group not only crochets together, but also prays and supports one another. Please email Jeanne for more information and for meeting times & location.

SHORT-TERM OR SEASONAL

FINANCIAL PEACE UNIVERSITY (FPU) - Contact: Kathryn Cummings kvanpelt16@gmail.com

We all need a plan for our money. Financial Peace University (FPU) is that plan! It teaches God's ways of handling money. Through video teaching, class discussions, and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. FPU classes are usually offered every spring and fall.

GRIEF GROUPS - Contact: Brian Yoder brian@fumcgraham-nc.org

Grief groups are offered occasionally and follow the material titled *Beyond the Broken Heart: A Journey Through Grief*.

DINNER DATES - Contact: Diana Cummings dfcumplings2@triad.rr.com

If you like eating and getting to know those in your church family, this is for you! Dinner Date groups meet once a month usually September-February.

UNITED METHODIST MEN (UMM) - Contact Bill Bryant bfbryant52@hotmail.com

The United Methodist Men have two fundraising projects a year, a pancake supper during Advent, and a hot dog lunch after worship one Sunday in the spring. Monies raised go toward the UMM Scholarship and to help the Boy Scouts. Any food that is left over from these events is taken to Allied Churches of Alamance County Homeless Shelter for the Good Shepherd Kitchen.

