

A young girl with dark hair and bangs, wearing a blue patterned shirt and a blue backpack, stands in the center of a dimly lit shelter. She has a serious expression. The background shows other people, including children and adults, sitting on the floor. The walls are decorated with children's drawings. The lighting is warm and comes from overhead lights.

Backpacks of Hope

Help children in Ukraine be ready when the sirens sound.

Emergency Backpacks: A New Reality

For children in Ukraine, a backpack has transformed from a simple school accessory into a vital lifeline.

Schools are asking students to keep emergency backpacks nearby and ready at all times—sitting by doors, desks, or beds—so they can be grabbed instantly when air-raid sirens sound.

Please watch the below video...

[WATCH VIDEO HERE](#)





Emergency packs are designed for this reality.

Each emergency backpack contains survival essentials and comfort items a child needs while spending hours—or entire nights—in bomb shelters or dark basements.



What each child receives



Backpack



Light & Power

Flashlight for visibility and a power bank for essential device charging.



Hygiene Kit

Includes wet/dry wipes, reflective item, hand sanitizer, and bandages.



Water Bottle

Essential for staying hydrated throughout the day.



Food & Snacks

Nutritious bars and easy-to-prepare ramen for sustained energy.



Anti-Stress Toy

A soft toy to provide comfort and reduce anxiety.



Coloring Book Set

A Christian coloring book with pencils for creative distraction.



Warm Blanket

For comfort and warmth during long hours in shelters.

OUR GOAL

To provide **1,000** emergency backpacks to children facing the realities of war.

HOPE when fear strikes.



Through each backpack, you are sending hope, comfort, and love to a child in need.

Hope

"This backpack means you are not forgotten, and a brighter tomorrow is possible."

Comfort

"May you stay safe and warm knowing that we stand with you, praying for your strength and resilience in every step forward."

Love

"Even in this difficult time, you are seen, you are valued, and you are deeply loved by us and by God."



**Each backpack will have a greeting card from
HART supporters like you.**

Dear Children of Ukraine

You are precious and deeply cared for.
We pray that you would feel loved and protected today.
May God bless you and help you be strong & brave.
May tomorrow bring peace, laughter, and new joy.
With love and prayers from friends in Canada & USA.



A young child with short brown hair and a gentle smile is sitting on a bed. They are wearing a light blue long-sleeved shirt, blue jeans, and brown sneakers. A bright blue backpack with black straps is resting on their lap. The child is holding a small, colorful card or piece of paper. The background is softly blurred, showing other people in a room, suggesting a communal or care facility setting. The lighting is warm and natural, creating a comforting atmosphere.

From all of us at HART—and from the children you are helping—thank you for standing with them when it matters most.