



# September 2025



Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Upcoming Program:</b> Be Well and Thrive Fall 2025 Session: Be Well and Thrive is an 8-week course held in a supportive and engaging group setting, where participants collaborate with peers, explore their personal health and wellness, and set goals to lead healthy lives.</p> <p><u>Topics include:</u> Light stretching/chair exercises Nutrition Health maintenance Personal care Emotional/social well-being And more...</p> <p>We are seeking consumers to participate in our Fall Session, being held in our Denville Classroom Space.</p> <p>Please reach out to Laura Dicker at <a href="mailto:ldicker@dawnCIL.org">ldicker@dawnCIL.org</a> or (973) 625-1940 ext. 223 if you are interested in signing up!</p> 		<p>1</p> 	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p> <p>National Cheese Pizza Day!</p> 	<p>6</p>
	<p>7</p>	<p>8</p> <p><u>Mobile Unit</u> <u>Trinity United Methodist Church</u> <u>Hackettstown</u> <u>10am- 12pm</u></p>	<p>9</p>	<p>10</p> <p><u>Mobile Unit</u> <u>Vernon United Methodist Church</u> <u>10am- 12pm</u></p>	<p>11</p>	<p>12</p>	<p>13</p> 
	<p>14</p> <p><u>In Person Event:</u> <u>Annual Picnic</u> <u>12pm-4pm</u></p>	<p>15</p> <p><u>Mobile Unit</u> <u>Newton-Fire Museum</u> <u>11am- 1pm</u></p>	<p>16</p> <p><u>Enhanced Life Skills</u> <u>Fall Harvest; No Cook</u> <u>Cooking</u> <u>6pm- 8pm</u></p>	<p>17</p> <p><u>Mobile Unit</u> <u>Hopatcong Resource Center</u> <u>Hopatcong</u> <u>11am- 12:30pm</u></p>	<p>18</p>	<p>19</p>	<p>20</p>
	<p>21</p> 	<p>22</p> <p><u>Mobile Unit</u> <u>Trinity United Methodist Church</u> <u>Hackettstown</u> <u>10am- 12pm</u></p>	<p>23</p> <p><u>Mobile Unit</u> <u>The EnVision Center</u> <u>Phillipsburg</u> <u>11am-1:30pm</u></p>	<p>24</p>	<p>25</p>	<p>26</p> 	<p>27</p> <p><u>In Person Event</u> <u>Peddlers Village</u> <u>Trip with</u> <u>Transportation</u> <u>10 am- 4 pm</u></p>
	<p>28</p>	<p>29</p>	<p>30</p> <p><u>Mobile Unit</u> <u>ShopRite of Franklin</u> <u>11am - 1pm</u></p>	 <p>NATIONAL <b>ALZHEIMER'S DISEASE</b> AWARENESS MONTH</p>		<p><b>Please Note:</b> Registration is require to attend our events. If you do not register you will be turned away at the event. Once you are registered a DAWNcil staff member may reach out to complete or update necessary paperwork. If this is not completed, you will not be eligible to attend the event.</p>	