



# The 2025 Brain Injury Survivor Series via ZOOM

Please join the Brain Injury Hope Foundation (BIHF) for another year of exciting and interactive survivor series designed just for YOU! We explore ways to achieve a better life for people with BI and Post Traumatic Stress (PTS). These sessions will help you accomplish your definition of success. Spouses, family, friends, and professionals who serve the BI community are welcome AND other communities (ABI, Stroke, Parkinson's, MS, etc.) are welcome too.

Go to <https://www.braininjuryhopefoundation.org/events/> to register.

**Oct 10**

1:00 p.m. to 2:30 p.m.  
Mountain time

## **Innovative Ways to Create a New Life and Positive Experiences**

Dr. Borden Smith (Kaiser Chiropractor); Mary Pavlantos, PT, DPT, CBIS; Caroline Douglas, Artist; and Jena Taylor will share their remarkable stories of rebuilding their lives, resilience, and helping others. These professionals, who are “wounded healers”, will discuss lessons learned and how they became innovative in their lives, creating a new life and positive experiences. Learn what they are doing now as a result of their experience with brain injury and other life challenges. Want to be inspired? Join us for our last Survivor Series in 2025!

**PLEASE REGISTER BY OCTOBER 8TH AS WE CANNOT GUARANTEE SENDING ZOOM LINK ON THE DAY OF OUR PROGRAM. YOU WILL GET A CONFIRMATION AND LINK IMMEDIATELY AFTER REGISTERING.**

Register at <https://www.braininjuryhopefoundation.org/online-registration/>

### **PLEASE REGISTER ONLINE AT**

**[www.braininjuryhopefoundation.org](http://www.braininjuryhopefoundation.org)**

**Please register by October 8, 2025**

Registration is donation-funded so there is no cost to participants. If you do not have a computer with a camera, you can call in. All who register will receive a confirmation with zoom link immediately after registering and an email reminder with the zoom link a few days prior to the event. Please login early to prevent last minute issues!

### **TIME ZONES: Please check your time zone**

12 noon—1:30 pm Pacific

1 pm—2:30 pm Mountain

2 pm—3:30 pm Central

3 pm—4:30 pm Eastern

Registration questions? Contact Joanne Cohen at: (303)

704-9861. **TECHNICAL QUESTIONS on day of event?**

**Email Gayann at [gbrandenburg@braininjuryhopefoundation.org](mailto:gbrandenburg@braininjuryhopefoundation.org) before the event.**

### **SPONSORS**

Upper Tier Sponsors: Dr. Steve and Debbie Cohen, and thank you to many in our BI Community who made generous donations.

**We are looking for additional sponsors and grants to support the Survivor Series.** Please contact a BIHF board member if you have any ideas!

**All sessions are the second Friday of each month 1 pm—2:30 pm Mountain time. If you do not receive our emails for the Survivor Series, please email BIHF at [info@braininjuryhopefoundation.org](mailto:info@braininjuryhopefoundation.org).**

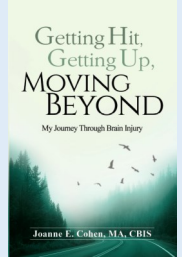
## The 2025 BI Survivor Series



**Your Host/Panel Facilitator: Joanne Cohen, M.A., CBIS/Vice-President of the Brain Injury Hope Foundation and Managing Partner, CTAT, LLC**

Joanne was in a car accident in 1992 while vacationing in the Bahamas. Her life was forever changed. She was unable to walk and a year later she discovered many of her personal challenges were due to a traumatic brain injury (TBI). Joanne has overcome many obstacles and has exceeded her medical diagnosis, leading to a remarkable and inspirational story and recovery, then and again in 2014 and 2019.

Joanne published her first book in June, 2019, *Getting Hit, Getting Up, Moving Beyond: My Journey Through Brain Injury*, a compelling story of her challenges as she faced sequential “hits” and how she handled adversity with resilience time after time. She depicts the path to “moving beyond” and create a full life that includes tools to do so, many that can now be used as we are all “hit” with the Covid-19 crisis. Her book is available at Amazon.com or BarnesandNoble.com



  
**Save the DATES!**

**Oct 10, 2025**

**Jan 9, 2026**

**Feb 13, 2026**

**March 11, 2025**

**April 10, 2026**

**May 8, 2026**

**June 12, 2026**

**July 30, 2026**

**Aug 14, 2026**

**Sept 11, 2026**

**Oct 9, 2026**

### URGENT REQUEST – YOUR HELP NEEDED FOR SURVIVOR SERIES AND EMERGENCY FUNDS

The Brain Injury Hope Foundation (since 1999) 501(c)(3) nonprofit

The National BIHF Survivor Series continues in 2025 with one session remaining, welcoming participants from across the country. Each month, more than 150 individuals register to attend, reflecting a strong and engaged community. To ensure the ongoing success of the Survivor Series, donations are encouraged for the 2026 sessions. Your support helps sustain this important initiative. For more information visit <https://braininjuryhopefoundation.org/events/>

Each year the Brain Injury Hope Foundation also gets scores of requests for financial help from individuals with brain injuries in Colorado. We have gifted thousands of dollars, on request, to cover food, rent, mortgage and utilities, in addition to refurbished computers to help survivors connect and find jobs. This year increased demand and a lack of funding has caused a **crisis**, and we are struggling to fulfill the ongoing need - which doesn't stop. We are asking...appealing... to our compassionate community for your help now.

#### THREE WAYS TO DONATE:

1. **Colorado Gives** website, a year-round giving platform, and **donate to the Brain Trust, dba Brain Injury Hope Foundation**  
<https://www.coloradogives.org/organization/Brain-Trust-1>
2. **Brain injury Hope Foundation website** and give through **the donation page**  
<https://www.braininjuryhopefoundation.org/donation>
3. **BY CHECK**, please make out to Brain Injury Hope foundation and mail to 6732 West Coal Mine Avenue, Ste 227, Littleton, CO 80123

By giving, you will help **avoid** evictions, utility shut-offs, food insecurity, potential homelessness, and personal crises. We depend on people like you, and thank you so much – ANY amount, large or small, will get us through this year. Remember, donations are tax deductible.

Sincerely,

The grateful board of the Brain Injury Hope Foundation: Mary Ann Keatley, Ph.D., CCC; Gayann Brandenburg, M.S.; Joanne Cohen, M.A., CBIS; Rebecca Albano, Esq.; Sue Fody, M.A.