

Suicide Prevention Month 2019

**September is Suicide Prevention Month.
Check out community events near you!**

SEP7 Suicide Walk, Run & Bicycle Ride // Sat 11 AM // Friendship Park

SEP8 5th Annual Butterfly 5K Run/Walk // Sun 7:30 AM // Regner Park West Bend

SEP10 Is Anybody Out There? with Mike McGowan // Tue 5 PM // Weyauwega-Fremont PAC

SEP10 A walk of remembrance for World Suicide Prevention Day // Tue 7 PM // Veteran's Park, Milwaukee Lakefront

SEP12 Suicide Listening Session Forum// Thu 8:30 AM // Potawatomi Hotel & Casino // Milwaukee

SEP12 Let's Talk Mental Health-A Conversation with Charlamagne tha God// Thu 11:30 AM // Milwaukee Film, Milwaukee

SEP13 Save Me (Minority Health Film Festival)// Fri 7 PM Oriental Theatre // Milwaukee

SEP14 Taking Strides to End Suicide // Sat 8:30 AM // Hydro Park Kaukauna

SEP14 Sharing Hope Walk to Prevent Suicide // Sat 8:30 AM // Carson Park Eau Claire

SEP14 NAMI Walks Waukesha // Sat 9:30 AM // NAMI of Waukesha Co.

SEP14 Be the Light Walk // Sat 6 PM // Downtown Green Bay

SEP17 Suicide Prevention Summit: Awareness Event // Tue 6 PM // Myrick Park La Crosse

SEP19 Annual Crisis Intervention Conference // Sep 19 - Sep 20 //Kalahari Convention Center Wisconsin Dells

SEP20 Beyond the Blues 2019 // Fri 6:30 PM // Discovery World Milwaukee

SEP21 5K Walk/Run for Suicide Awareness - Hope & Healing! // Sat 7:30 AM //Community For Hope Oshkosh

SEP23 Your Story Matters // Mon 6:30 PM// Waukesha Civic Theatre Waukesha

SEP25 Adult Mental Health First Aid // Wed 8 AM // Miron Construction Co., Inc .Neenah

SEP26 Empty Shoe Memorial // Thu 10 AM //Madison State Capital - State StreetMadison

SEP28 8th Annual Walk/Run for Hope // Sat 7:30 AM // Neshotah Park Two Rivers

SEP28 Paint the Town Yellow 5K for Mental Health and Suicide Awareness // Sat 8:30 AM // NAMI Rock County Janesville

For event details, please see the Prevent Suicide Wisconsin Facebook page under the Events tab or visit: preventsuicidewi.org/event-calendar. To add an event, email your activity details to psw@mhawisconsin.org.

In crisis? Help is available 24/7 at the following resources: call **1-800-273-8255 (TALK)** or text **HOPELINE** to **741741**.

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#BeThe1To
#BeThere
#SPM19

Learn more at: preventsuicidewi.org/suicide-prevention-month

