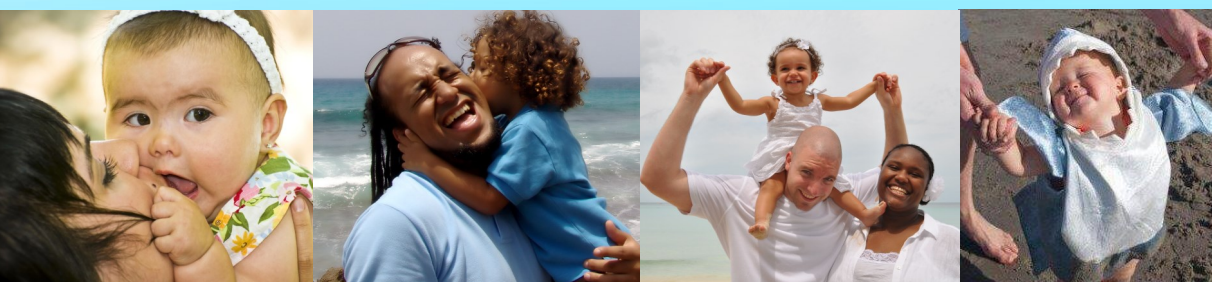


TRIPLE P Parenting



Place Sojourner
Beyond Abuse
619 W Walnut Street

Day 8 Wednesdays
10:00 — 11:30 AM

2020 | January 8, 15, 29
February 5, 12, 19,
March 11

Fee \$30
To register call The
Parent Helpline:
414/671-0566

Triple P is an internationally acclaimed parenting program that offers practical strategies for behavior problems. Visit: www.triplep-parenting.net

There are six classroom sessions and two weeks of personal phone support as you try out your selected strategies.

Triple P makes effective parenting habit-forming.

- Understand positive and negative influences
- Encourage better behaviors
- Calmly and assertively address negative behaviors
- Track improvements of your parenting goals
- Free parent coaching over the phone.
- Take care of yourself as a parent

Parents must attend 8 sessions to receive a certificate of completion. There is no class on January 22.