



Are you a **breast cancer survivor?**

Are you interested in a **six week program?**

**Do you want to help other survivors learn more about
the **health benefits of spending time outdoors**?**

To participate you must:

- ❖ Have a history of breast cancer
- ❖ Be done with initial breast cancer treatment
- ❖ Live in Milwaukee metropolitan area
- ❖ Be post-menopausal



*Data will be collected by survey, interview, wearable device, & blood draw.
Participants will be compensated.*

Call or email Charissa at (414) 955-8325 / getoutside@mcw.edu

www.mcw.edu/GETOutside