



# Triple P Positive Parenting Program

## One-on-One Coaching

Does your child throw tantrums or refuse to go to bed?  
Does he or she ignore you when asked to do something?

**FREE**



**Work one-on-one with a parent coach and learn new ways to manage your child's behavior. Sign up today!**

*"Our coach was great at listening and helped us find solutions that are comfortable to us." A.M.*

- Sessions last 50 minutes.
- Most problems are managed in 4-6 sessions.



## The Coaching Process

You and the coach will work together to explore, discover, and apply the Triple P process. This support system is designed to let you choose strategies that fit your family.

- 1) Explore the behavior problem
- 2) Discover the underlying causes
- 3) Learn new strategies
- 4) Manage the problem by applying solutions that work

To schedule a session contact Sue Volkman:  
[svolkman@theparentingnetwork.org](mailto:svolkman@theparentingnetwork.org) or call:

**414-403-1563**