

HEALTHY CONGREGATIONS 2025-26 OPPORTUNITIES

Growing thoughtful leaders for a stronger church.

Challenging faith communities and their leaders through the application of family systems thinking.

2026 GPS FOR LEADERSHIP "Finding Ones Way in the System"

This course is an introduction to Bowen Family Systems theory. It will provide an exploration of each of the eight concepts and an opportunity to apply theory in work and life.

Online via Zoom

Mondays 1:00 - 4:00 p.m. Eastern

February 2, 2026

April 6, 2026

February 16, 2026

April 20, 2026

March 2, 2026

May 4, 2026

March 16, 2026

Annual May Event: TBD

Cost: \$900

2025-26 LEADERSHIP SERIES "Going the Distance: 20 Challenging & Rewarding Years"

The Leadership Series is an opportunity for leaders across professions to apply principles of systems thinking to self, family, and organizations. The year is composed of seminars that promote in-depth thinking through the lens of Bowen Family Systems Theory. The seminars include plenary presentations, practical application of systems theory to workplace and family, and small group coaching.

Online (Thursdays) via Zoom OR

In-Person (Fridays) in Central Ohio

See website for dates

Cost: Before August 1 \$1350/After August 1 \$1500

Payment Plans and Group Rates Available

WORKSHOP FACILITATOR TRAINING

Workshop Facilitators are individuals who have been trained and are equipped to facilitate the six Healthy Congregations workshops in their own communities. This training will focus on a solid introduction to Bowen Family Systems Theory and utilizing strategies for presenting each of the workshops.

Online via Zoom

Wednesdays 10:00 a.m. - 12:00 p.m. Eastern

October 1, 2025 - November 12, 2025

Cost: \$900 (includes Facilitator Training Manual)

**For more information and to register visit
www.healthycongregations.com**



Church leadership is
always challenging.

Right now, it is
particularly difficult.

What Healthy
Congregations offers
is help that is practical
and even transformative.



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