

ACALANES PARENT ED PRESENTS:

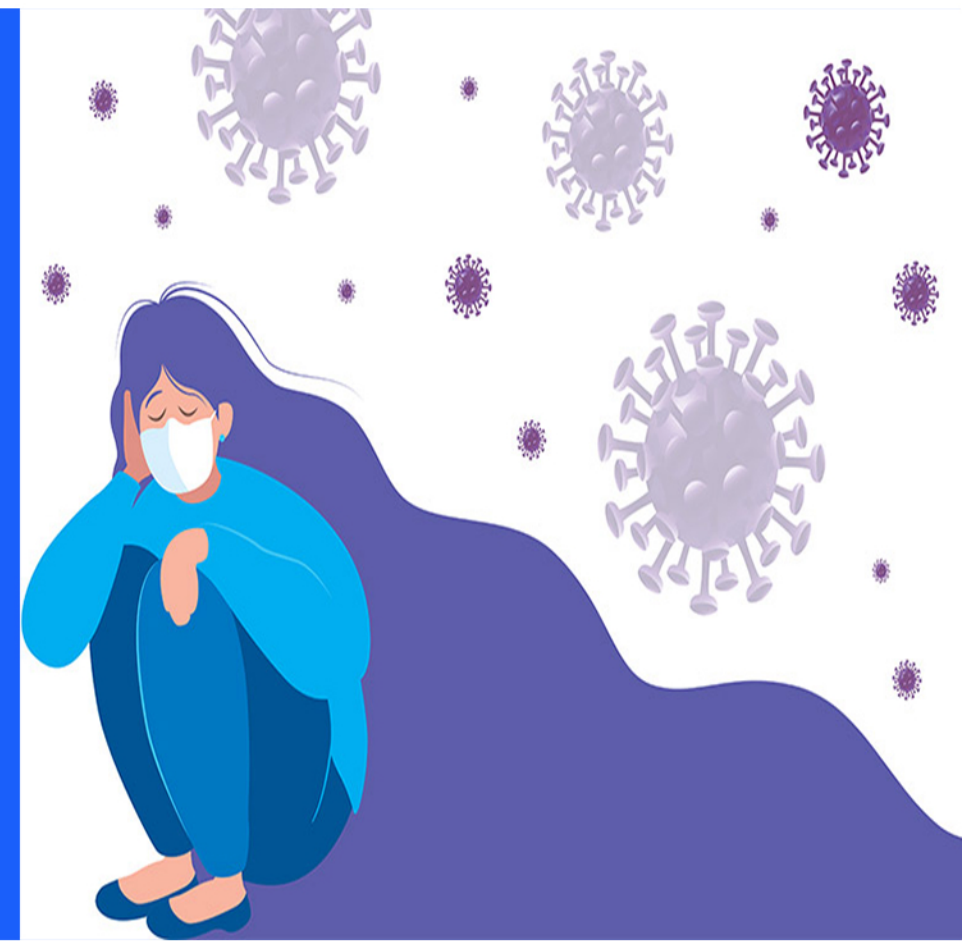
Ardis C. Martin, MD

A Year Away: Practical Tips for a Successful Return to School August 19th, 6:30 - 8:00 pm

Let's look at the impact of the COVID-19 Pandemic on the mental health of our students over the past year and steps we can take moving forward to ensure positive well-being as they return to school this Fall: Practical Tips, Resources, and Discussion.



Dr. Ardis Martin will speak about the importance of mental health, with the goal of reducing stigma, promoting prevention, and improving overall mental well-being.



Scan here
to Register:



Please bring your questions so we can talk about the impact the Pandemic has had on us all, and let's promote a safe space for healing and providing support.

Questions? Email us at parented@acalanesparentsclub.com



Acalanes Parents Club