



## **VLC COVID Policy**

At Valley Life, our desire is to care for our congregation in all respects. We recognize that individuals are *whole* people, with spiritual and emotional needs in addition to the more basic need of physical safety. To that end, we are asking you to join us in taking precautions to keep yourself and others safe as we move forward.

### **Personal Safety Measures**

- Stay home when you are sick with the following symptoms, or have had the following symptoms in the past 48 hours: fever, cough, shortness of breath, severe runny nose, vomiting or diarrhea. VLC will not be performing temperature checks; we ask that individuals check their own temperatures when concerned about illness.
- Stay home if you have been exposed to an individual with COVID.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

### **Face Coverings**

- Face coverings are required for all individuals (elementary-aged and up) upon entering and leaving the buildings, and when movement during services is needed, such as when using restrooms. Face coverings are optional when seated.
- Face coverings are NOT required for children in early education classes (nursery through K/1).
- Face coverings ARE required for childcare workers, youth workers, and other staff.
- Face coverings will NOT be required for individuals with medical conditions prohibiting the safe use of a face covering.
- Disposable masks will be available upon entrance to facilities for your convenience.

### **Distancing Measures**

- The auditorium, gym, and children's class spaces will all be set up to ensure adequate physical distancing between individuals/family units.
- Please be mindful of distancing when entering and leaving facilities.
- Communion will continue to be observed utilizing individualized pre-packaged servings which will be distributed upon arrival.
- Tithes/offerings options will include: online giving, text to give, or drop box. No offering bags will be passed.
- Water fountains will not be available. It is recommended you bring your own coffee/water.

## **Cleaning Measures**

- Hand sanitizing stations will be available upon entrance and exit of the facilities. In addition, hand sanitizer will be placed throughout our facilities for ease and frequency of use.
- COVID cleaning teams will sanitize high-traffic areas and high-contact surfaces between services.
- COVID cleaning teams will deep clean entire facilities mid-week.

## **Protocol for COVID Cases/Outbreaks**

- If VLC is made aware of an isolated positive COVID diagnosis of an individual who has been present at any services/activities within our facilities, every effort will be made to contact other individuals who may have been exposed. The individual with a positive COVID diagnosis will be asked to self-isolate for 10 days after symptoms began AND at least 24 hours after fever is gone and symptoms improve. Any persons who are determined to have been in contact with said individual will be contacted and asked to self-quarantine for 14 days.
- If a larger number of COVID cases occur, the elders at VLC will prayerfully consider temporarily closing our facilities until we can safely reopen in person.

We understand that the uncertainties of this season have created anxiety for many of us, as well as a sense of isolation that is weighty. Please join us as we prayerfully pursue gathering together. We desire to move forward with wisdom, sensitivity, and love – caring for the spiritual and emotional needs of one another while maintaining physical safety to the best of our ability. May we look back on this season recognizing that not only has God been mightily at work, but He has used us to be His hands and feet to our brothers and sisters in Christ at VLC, and the community in which He has placed us.