

ATTN: MAINE HIGHLANDS RESIDENTS

VOLUNTEERS NEEDED

COVID-19 NEIGHBOR TO NEIGHBOR

**VOLUNTEERS ARE NEEDED TO ASSIST AT AREA FOOD
CUPBOARDS (PACKING, DISTRIBUTION, SHELVING), FOOD
AND MEDICATION
PICK UP AND DROP OFF**

ARE YOU AVAILABLE TO HELP? IF SO, PLEASE:

REGISTER AT : [HTTPS://WWW.UNITEDWAYEM.ORG/](https://www.unitedwayem.org/)

VOICE MESSAGE: 207-408-8040

EMAIL: HHHPISCATAQUIS@GMAIL.COM

