



Jewish Family Services
of silicon valley

Welcome Lucy Istomina

Our new JFS SV Older Adult Care Manager

I am delighted to join this great team of people who are devoted to helping those in need. My heart is full of optimism to contribute my knowledge and experience as the Older Adult Care Manager to the organization's mission, and provide proper care and services to local Holocaust Survivors. I see that as a chance to give back to the generation of my parents who went through the WWII hardship and fought against fascism and Nazism.

I am an immigrant from Russia with the background of a financial career there. In the United States after two years of working as an accountant I decided to follow my heart calling and change my major. Thus, I went to a grad school to pursue a psychology degree and graduated from Sofia University (formerly the California Institute of Transpersonal Psychology) receiving a Master of Arts in Clinical Psychology with specialization in Creative Expression.

My clinical career has included working with elders, domestic violence survivors, veterans, people living with mental illness and others.

In my spare time, I enjoy travel, spending time on the beaches, and singing songs with friends by the campfire. My main hobby is fluid art. Every Friday I meet with my friends and we pour colors on the canvas to create abstract arts. I also love theatre, museums, and festivals which was not possible to attend during last year due to the pandemic. I hope our lives will get back to normal very soon.



I have already met with many JFS SV team members and feel a warm welcome from all. I look forward to meeting with the rest of the community very soon.

I can be reached at lucyi@jfssv.org or (408) 556-0600.

With gratitude and hope,

Lucy Istomina



One of Lucy's art pieces