



Counseling Services

We offer intercultural and interfaith counseling for:

- Survivors of trauma
- LGBTQ+ community
- Grief counseling
- Stress and anxiety
- Spiritual direction and pastoral care
- General emotional wellbeing
- Family relationships



Meet our counselors:

Fern Adamkowski is our older adult services social worker. She provides individual counseling to adults of all ages, with a focus on survivors of trauma and members of the LGBTQ+ community.

Fern has two masters' degrees: Social Work (MSW), and an MA in Gender, Spirituality, and Social Justice. Fern helps her clients explore the intersections of struggle, resilience, and healing.

For an appointment email ferna@jfssv.org

Barney Brickner is our Chaplain. His areas of expertise include grief counseling, managing stress and anxiety, family counseling and recovery. He is available for social/emotional and spiritual direction for all ages in our community.

Barney is an ordained rabbi and certified chaplain with over thirty years of congregational experience.

For an appointment email barneyb@jfssv.org.

14855 Oka Road, Suite 202 | Los Gatos, CA 95032
Phone: 408.556.0600 | Fax: 408.551.0091
www.jfssv.org

JFS SV is recognized by the IRS as a 501(c)3 nonprofit organization.

