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Contra Costa County Health Department is in alignment with CDPH and CDC recommendations for discontinuing isolation after testing positive for COVID-19 infection:

Patients with [mild to moderate illness](#) who are not severely immunocompromised can be discontinued from isolation and should no longer be considered infectious after:

- At least 10 days have passed *since symptoms first appeared and*
- At least 24 hours have passed *since last fever without the use of fever-reducing medications and*
- Symptoms (e.g., cough, shortness of breath) have improved

Note: For patients who are **not severely immunocompromised** and who were **asymptomatic** throughout their infection, Transmission-Based Precautions may be discontinued when at least 10 days have passed since the date of their first positive viral diagnostic test.

Patients with [severe to critical illness](#)- residents who were in the ICU- or who are severely immunocompromised- can be discontinued from isolation and should no longer be considered infectious after :

- At least 20 days have passed *since symptoms first appeared and*
- At least 24 hours have passed *since last fever without the use of fever-reducing medications and*
- Symptoms (e.g., cough, shortness of breath) have improved

