



THE NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONLITY DISORDER

invites you to attend a 12 week course Family Connections

at

The Institute for Girls Development 95 N Marengo Ave Suite 100 Pasadena, CA 91101

February 9, 2018 through May 4, 2018 (1-3pm)

COURSE CONTENT:

- Research-based program typically taught as 12-week course
- Education & Research on BPD
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness
- Effective Communication
- Validation
- Development of a support network

HOW TO REGISTER:

Go to our website: www.borderlinepersonalitydisorder.com/family-connections

Note: Space is limited and registration is first come, first serve. This workshop is NOT open to people who suffer from BPD, only to family members and close friends. A voluntary \$50 donation is requested. No one will be turned away for financial reasons. For questions contact jfisher@IFGD.care or Mschultz@IFGD.care

