

# DANCE

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Are you looking for opportunities to socialize with a fun group of SaddleBrooke dancers? If so, the SaddleBrooke Ballroom Dance Club may be the perfect club for you! For those who already love dancing or others who just wish they knew a step or two, this club is a great way to meet people who have fun dancing, socializing and working to keep both your brain and body active.

SaddleBrooke Ballroom Dance Club welcomes new members at any level. We offer FREE LESSONS - novice for those who've never danced before or who haven't danced for a long time and beginner and intermediate for those interested in adding to or enhancing their repertoire. We have FREE PRACTICE SESSIONS every week so you can work on what you've learned. And we also have FREE DANCE PARTIES each month to get together to have fun dancing and socializing with our friends.



For more detailed information, please reach out via email or our website.

WEBSITE: [www.sbballroomdance.com](http://www.sbballroomdance.com)

EMAIL: [countmein@sbballroomdance.com](mailto:countmein@sbballroomdance.com)

We'd love to share more info about our club.

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## FUN IS A PRIORITY AT SADDLEBROOKE SQUARES!!

Is something missing in your life? Congratulations – you have been invited to square dance with us!

How do you know that you can dance? Well, if you can tap your feet and clap your hands, you're ready! Dance is basically just steps and body movements.

Our dances are lots of fun, good for the brain and a wonderful way to meet new friends. It is also a form of exercise that works for all ages and skill levels. Our teachers are patient and friendly. We are starting new classes this September. Contact: Rick Beeble 503-475-7001 [rbeeble@gmail.com](mailto:rbeeble@gmail.com). Hope to see you there!



Dancing is a great exercise for couples, it has many benefits. It is great exercise, it builds synapses in the brain, and you do it with your partner. Best of all it is fun! It's the only sport where you hold your Partner close....forget the Luge.

We teach the easiest dance to learn, the Texas 2 step. If you can walk, you can 2 step.

We just vary the speed, slow, slow, quick, quick.

We live in Arizona! Polish your boots, grab your Partner and some neighbors, come join us in the boot stomping fun of Western Dancing!

Yee Haw!

Please register with me to take the classes, and for further information my email is:

[JaneWesternDance@aol.com](mailto:JaneWesternDance@aol.com).



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## SADDLEBROOKE SILVERBELLES

The SaddleBrooke SilverBelles are looking for new members who want to be part of our exciting dance team. You don't necessarily need to be an experienced dancer, just have a willingness to learn.

If you enjoy dancing and giving back to the community through performance, we want you to be part of our team. Practices are two mornings a week. You will be joining a group for comradery and fitness, as we prepare to bring joy and inspiration to our local community. Experience a healthy body, spirit, mind and soul through dancing. Join us. Be a SilverBelle. For further information call Claudia Booth 520-431-2414. Terri Mullin 719-310-6192 is our contact for performance scheduling. Give her a call to talk about how we can entertain for your function.

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# MUSIC

**Men, this is for you!**

**We invite you to join the SaddleBrooke Barbershop Chorus!**

The SaddleBrooke Barbershop Chorus is a group of SaddleBrooke Arizona residents with a common bond of enjoying singing Barbershop Music and presenting quality concerts to the community.

Our objective is to have fun singing barbershop music and to enjoy the comradeship of our fellow singers.

We are affiliated with the Barbershop Harmony Society (BHS). We do not compete in contests, we sing strictly for enjoyment and for local "sing-outs" and concerts.

Rehearsals are from 4:00-6:00 PM each Tuesday in the Agate room of the SaddleBrooke HOA2 Mountain View clubhouse Arts and Crafts building, 38725 S Mountainview Blvd.

If you have questions contact Bruce Kistler 306-2113, or see our website for more info:

<https://www.saddlebrookebarbershopchorus.org/>



## **SaddleBrooke Kitchen Musicians Club**

If you play a musical instrument (guitar, horns, keyboards or whatever) and would like to learn new songs, work on song arrangements and prepare for live musical performances, this club is for you. For those of us that sing we will work out harmony parts, as well. A wide variety of music will be played such as jazz standards, country, pop and rock tunes. Join today to have fun and expand your musical abilities with other self-minded musicians. Initially the group is meeting every Friday at HOA2 in the Mesquite Tortolita Room at 3pm until 4pm. Contact T.J. Mitchell 520-262-3684, email [amsurv@aol.com](mailto:amsurv@aol.com)



## **SaddleBrooke Winds and Strings Band**

We are a group of musicians who just love to play our instruments! If you are a wind or string musician, dust off your instrument and join us! We meet on Friday mornings from 10:00 am to 11:30 am to rehearse in the HOA2 Ballroom. For more information, reach out to Membership Coordinator,

Leslie Mehalek at 267-394-2027 or

[LeslieMehalek@LongRealty.com](mailto:LeslieMehalek@LongRealty.com)

