

**You could save a life!**

**The data is in. Doing Compression-Only CPR before the EMT arrive will double the chances of survival.**

## **COMPRESSION-ONLY CPR**

*and how to use the*

## **AED – AUTOMATIC EXTERNAL DEFIBRILLATOR**

It take only one session to learn CPR/AED which can help you save a life. Health Care providers volunteer to teach SaddleBrooke residents Compression-Only CPR and the use of the AED. The classes will be held at the SaddleBrooke One Clubhouse

- ✓ **Monday, February 24, 2025, 9-11am  
Coyote North**
- ✓ **Wednesday, February 26, 2025 1-3pm  
Coyote North**

**TO REGISTER:**  
**CLICK HERE TO SEND AN EMAIL TO**  
**[CPR.saddlebrooke@gmail.com](mailto:CPR.saddlebrooke@gmail.com)**

**\*you will receive email confirmation  
once your request is processed**



**AED**