



2018-2019 Speaker Slate

Vicki Hoefle

Topic: *Raising Respectful, Responsible and Resilient Kids*

Tues. Sept 25, 9:30am Saint Andrew's Episcopal School
Tues. Sept 25, 7:00pm Woodside Elementary
Wed. Sept 26, 9:30am The Carey School

Vicki Hoefle, author of *Duct Tape Parenting*, challenges parents to take a step back so their kids can step up - even if it takes a powerful adhesive to keep our mouths shut and hands firmly in laps as we watch our children make their own mistakes. She offers a new perspective on what it means to be an effective, engaged parent and why giving children space to solve their own problems enables self-regulation and self-confidence.

Carl Honore

Topic: *Don't Hurry, Be Happy: The Slow Fix for Busy Families*

Tues. Oct 23, 9:30am Phillips Brooks School
Tues. Oct 23, 7:00pm Yavneh Day School
Wed. Oct 24, 7:30am Heads of School Breakfast, University Club
Wed. Oct 24, 7:00pm Crystal Springs Uplands School

Carl Honoré is an award-winning writer, broadcaster and TED speaker. As a global guru of the Slow Movement, he travels the world to teach individuals and organizations how to power forward by slowing down. He hosts a podcast called *The Slow Revolution* and his TED talk on the benefits of slowing down has been viewed 2.5 million times. Honore's latest book, *The Slow Fix*, explores how to tackle complex problems in every walk of life, from health and relationships to business and politics, without falling for superficial, short-term quick fixes.

Justine Fonte, M.Ed, MPH

Topic: *Laying the Groundwork for Healthy Relationships in the Digital Age*

Tues. Jan 29, 9:30am The Nueva School, Bay Meadows Campus
Wed. Jan 30, 9:30am The Harker School, Middle School Campus
Wed. Jan 30, 7:00pm Woodside Priory

Justine Fonte, a leading sexuality educator and social justice activist, is the Director of Health and Wellness at the Dalton School in New York City, where she teaches health and sex-positive programs for students, parents and faculty. Fonte strongly believes that sexual health education is, in fact,

social justice education. She promotes *allyship*, the lifelong process of building relationships based on trust, consistency, and accountability, exercising one's agency over their own body, and embracing one's authentic self. Her practical advice on raising today's digitally connected kids ranges from early childhood to pornography.

Counselor Breakfast: Diane Ehrensaft, PhD & Joel Baum

Topic: Gender Identity: From Oppression to Acceptance

February 2019, 7:30am Location TBD

Dr. Ehrensaft and Mr. Baum will share the stage for a conversation surrounding gender identity. They will provide guidance on both the philosophical dilemmas and the practical, daily concerns of working with children who don't fit a "typical" gender mold. They will help to debunk outmoded approaches to gender nonconformity that may actually do children harm and will offer a new framework for helping each child become their own unique, most gender-authentic person.

Diane Ehrensaft, Ph.D. is a developmental and clinical psychologist in the San Francisco Bay Area and the Director of Mental Health and founding member of the Child and Adolescent Gender Center, a partnership between the University of California San Francisco and community agencies to provide comprehensive interdisciplinary services and advocacy to gender nonconforming/ transgender children and youth and their families. Dr. Ehrensaft is the author of numerous books including *Gender Born*, *Gender Made: Raising Healthy, Gender-Nonconforming Children*.

Joel Baum has worked as an educator focused on issues of social justice and equity for over 30 years. He facilitates trainings, conducts workshops, develops curriculum, consults with parents/professionals, and provide resources towards a more compassionate understanding of gender and young people. He is the Director of Education and Advocacy with the Child and Adolescent Gender Center at UCSF-Benioff Children's Hospital.

Michael Rich, MD, MPH & Manoush Zomorodi

Topic: Rethinking the Role of Media in Family Life

Tues. Mar 19, 9:30am The Nueva School, Hillsborough Campus

Wed. Mar 20, 9:30am Saint Andrew's Episcopal School

Wed. Mar 20, 7:00pm Menlo School

Michael Rich, widely known as The Mediatrixian®, is one of the nation's top experts on children and media. He is an Associate Professor of Pediatrics at Harvard Medical School, Associate Professor of Social and Behavioral Sciences at the Harvard School of Public Health, and practices Adolescent Medicine at Boston Children's Hospital. He is the Founder and Director of the Center on Media and Child Health (CMCH) as well as a pediatrician, researcher, father, and media aficionado. Dr. Rich will address our concerns and offer reassurance and research-based answers to the myriad of questions surrounding children's media use and the implications for their health and development.

Manoush Zomorodi is co-founder of Stable Genius Productions, a media company with a mission to help people navigate personal and global change. StableG uses podcasts as a lab to test new ways journalists can educate, entertain, and inspire through narrative. Investigating how technology is transforming humanity is Manoush's passion and expertise. In 2017, she wrote a book, *Bored and Brilliant: How Spacing Out Can Unlock Your Most Creative Self* and gave a TED Talk about surviving information overload and the "Attention Economy." Zomorodi will challenge us to rethink our gadget use to live better and smarter in this new digital ecosystem.