



St. James' Parish 'Ohana Retreat (and *ALL* who want to join us)

a two-part workshop on

Spiritual Discernment

*with Brother David Vryhof, SSJE of
The Society of Saint John the Evangelist*

Part I: "Jesus' Vocation and Ours"

Friday evening, January 24, 2020

6 – 8 PM

(begins with a potluck supper)

DESCRIPTION: When Christians speak of having a "vocation" or responding to God's "call," what do we mean? How can we discern what our particular vocation(s) in life might be? In this Friday evening session, we'll be studying Jesus' sense of his own calling and using it as a template for considering our own sense of vocation.

Part II: "Discernment in Prayer"

Saturday, January 25, 2020

9 AM – 1 PM

(registration begins at 8:30 AM; program includes lunch)

DESCRIPTION: Making decisions is a part of life. All of us are constantly having to make choices, great and small, and these choices make up the pattern of our lives. The purpose of this one-day workshop is to explore the role of prayer in making life choices. How do we discern which of the options before us represents "the will of God" for our lives? How can we learn to recognize the movement of the Spirit in our prayer as we consider the choices before us? The workshop will include teaching and group discussion, as well as some time for individual reflection.



LEADER: Brother David Vryhof, SSJE is a member of the Society of St. John the Evangelist, a religious order for men in the Episcopal Church. He is an Episcopal priest, a gifted teacher and retreat leader, and an experienced spiritual director. Currently he serves as the Assistant Superior and the Director of Communications for the community.

For more information about the Society of Saint John the Evangelist, visit their website at www.ssje.org.

Save the dates. More information to come!