



TEMPO

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President's Report: Amber Greer, BS, CMA (AAMA)

Greetings everyone!

I trust this finds you well and enjoying your summer! I want to thank you all for the opportunity to be your President this year. I have certainly learned a great deal these first few months and I appreciate the words of encouragement!

The office of President is busy with NCSMA and AAMA emails and news. I'll share some of this information at the Summer Seminar coming up. Be sure to watch the AAMA and NCSMA websites for information and updates!

Things are progressing well within the NCSMA so far this year. There are plenty of ideas being discussed and plans that are being made for this year and the coming year. As you know, I chose JOURNEY as my theme this year. As we go through the year, I challenge you to remember that the journey is just as important as the destination!

See you all soon!



Inside this issue:

President's Report	1
Officer Reports	2
Committee Reports	3-5
Chapter Reports	5-7
Education	7
Membership	8
MedicAlert	9

Have you heard?



North Carolina is hosting the
2019 AAMA Conference in
Greensboro NC September 13—16 , 2019.

Whether its your first or your twentieth
national conference —make plans to attend now!
Connect with your peers from across the nation, attend
awesome CEU sessions and have some fun!

THE NCSMA CAN CAN

Our society is helping out local communities by donating non-perishable items to food banks in the city where our meetings are held. Please bring food and paper products to Summer Seminar, Winter Seminar and Convention meetings. Our goal is 500 pounds of items at each meeting and we need your help! You can drop off the items at the Registration Desk. Lets work together to help others!!!

Officer Reports

President Elect

Hello everyone! I hope you have all enjoyed your summer breaks. I am learning a lot in this position and look forward to a wonderful year. If you are interested in serving on a committee next year, please see me at Summer Seminar or email me at summertime0126@aol.com. I look forward to seeing everyone soon!

Summer O'Neal, CMA (AAMA)

Vice President

I'm happy to be back on the NCSMA Board after being off for several years. I have served in every office of the Board and I thought I was "done" but I feel like I have more to offer so am glad to be serving as Vice President. Look forward to seeing everybody at Summer Seminar. - Betty Jones

Parliamentarian

I would like to thank Amber Greer, CMA (AAMA), President for asking me to serve in this position again this year. This has been a learning experience for me and wish to serve this society to the best of my abilities. Thank you for have the confidence in me to serve you in this position. Please let me know if you have any questions. - Shirley Sawyer, CMA (AAMA), CPC

Vice Speaker

I hope everyone is staying cool with the heat. Thank you for everyone's thoughts and prayers during the loss of my mom. It truly shows what friendships are formed by being a part of this great organization. It is hard to believe that I am starting my second year as an officer of this board. Thank you for the confidence entrusted in me. I plan to

attend all required meetings. I will be attending AAMA National conference in Utah. I look forward to working with all the officers and committees that I am on. I will see everyone at Summer Seminar.
Vicki Rummage, CMA (AAMA)

Secretary

I want to thank each of you that voted me for State Secretary. I sent the post convention board meeting minutes to officers, past presidents and chapter presidents. I am excited about the 2018-2019 year. I am looking forward to attending the national convention in September. - Cameron Smith, BS, CMA (AAMA)

Treasurer

I want to thank NCSMA for your confidence in me as your State Treasurer this year. Since April, this has been a learning experience for me. I would like to thank Summer O'Neal, CMA (AAMA) for all her assistance with this office. All expenses have been paid in a timely manner. I plan to be at the Summer Seminar in Gastonia and will be giving the treasurer's report at the board meeting.—Linda Eaton, CMA (AAMA), CPC

Immediate Past President

I hope everyone is enjoying their summer. If you would like to serve on the board as an officer or national delegate for the 2019-2020 term please contact me. If you are not sure about what position your characteristics or talents would benefit from the most, please feel free to email me at joellencma@yahoo.com and I will be happy to help you figure out what might be the best fit for you. Never let anyone tell you that you cannot be a leader because you CAN do ANYTHING you set your mind to.
Rebecca Surratt, CMA (AAMA)

Chaplain

Ecclesiastes 3:3 To everything there is a season, and a time to every purpose under the heaven.² A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted;³ A time to kill, and a time to heal; a time to break down, and a time to build up;⁴ A time to weep, and a time to laugh; a time to mourn, and a time to dance. 2018 has brought joy and sorrow to so many of our members. Our hearts go out to Paula Cooke, CMA(AAMA) and the Surry County Chapter in the loss of her husband Andy. Marge Ottofy, CMA (AAMA) also lost her husband. Paula and Marge, please let us know if you need anything. Several members have had family members to pass away this quarter. NCSMA is so much more than just an organization that meets for continuing education. It is a organization made up of friends. In these past months, I have witnessed members rally around those hurting, and celebrating with members that have happy life events. NCSMA provides a support system to its members, the only requirement is that you get to know one another, meet people, come to our state society, and local chapter meetings. The ladies and gentlemen of NCSMA will prove to be some of your dearest friends. Together, we can as the scripture says, weep, laugh, mourn and dance together. As your chaplain, please let me know if I can be of assistance to each of you. If there is someone that you feel could use a card etc., please reach out to me and I will personally contact them. My email is lynwilliams423@gmail.com. May God bless each of you! - Lynn Williams, CMA (AAMA)

Committee Reports

Awards Committee

I am so excited about chairing the Awards Committee this year. Thank you President Greer for this honor. We have an AWESOME team serving on this committee and we ALL can't wait to see each chapter's submissions. I want to encourage each chapter President, Program chair, and Newsletter editor to start planning now to submit your items for judging. You can't win if you don't submit!!!! The guidelines were updated 2018 and are very straightforward. They can be found on the NCSMA website. Please keep up the good work on the local level and we can't wait to see your accomplishments in January.

Lynn Williams, CMA (AAMA)

Budget and Finance Committee

This committee started to review last year's budget and expenses as well as the guidelines for reimbursements. We are asking any/all committees send in your requests and rationale to me and I will bring to the committee as soon as possible so we can review and better prepare for the 2019 budget proposal. I am hoping to have a pre-draft for the winter seminar where the committee will formally meet along with the executive council to formulate a draft to present at the HOD. I want to thank everyone for your support, especially the committee.

Maria van de Bovenkamp, CMA (AAMA), Chair
 Jean Harris, CMA (AAMA), CoChair
 Carol Fazio, CMA (AAMA)
 Summer O'Neal, CMA (AAMA)
 Executive Council

Convention Report

The Alamance County Chapter is looking forward to hosting the 2019 NCSMA State Convention April 25-28. Original venue may have to change due to some unforeseen problems. Our Chapter is committed to providing education, fun, and a chance to see old friends and make new ones. We already have some great speakers lined up.

We will provide more information in near future.

Kaye Acton, CMA (AAMA)
 Chair, 2019 NCSMA Convention
 Kimberly Jordan, CMA (AAMA)
 Co-Chair, 2019 NCSMA Convention

January 18-20, 2019

NCSMA Convention 2019:
 Alamance County Chapter
 April 25-29, 2019

Summer Seminar 2019:
 Lexington Chapter

Winter Seminar 2020:
 OPEN

NCSMA Convention 2020:
 OPEN

Summer Seminar 2020:
 OPEN

If any chapter would like to put in a bid for any of the meetings in 2020, please let me know. My cell number is [336-244-0562](tel:336-244-0562). My email is: jennw62@hotmail.com. Thank you, President Amber Greer BS, CMA (AAMA) for asking me to serve as chair of this committee this year. My sincere thanks to all of the members of this Committee for their hard work this year!

Jennifer Wiseman, CMA (AAMA)
 Chair
 Patricia Clark, CMA (AAMA)
 Co-Chair

Convention Site

The Convention site committee is requesting that chapter presidents talk with their chapter regarding hosting a state convention. The Alamance Chapter will host the 2019 Convention in Burlington, NC. We do not have a bid for the 2020-2025 conventions. Please let me know if your chapter is interested so that I can put your chapter's name on the House of Delegates ballot. The information is on our website. You may contact me at @ralphkeller@embarqmail.com. Hope to see everyone in Gastonia.

Becky Keller, CMA

Educators Committee

This committee works along with our North Carolina Association of Medical Assisting Educators group to coordinate events for our students at State Convention. I am happy to report that I received several positive comments regarding the student knowledge bowl and the t-shirt contest, this information will be discussed with both the Educators Committee at Summer Seminar and the NCAMAE group at our fall meeting. I look forward to more exciting opportunities for our students.

Shannon Mitchell, AAS, CMA (AAMA)

Education Committee

The Education Committee and the Executive Council The following have submitted bids for NCSMA Seminars or Conventions:

Summer Seminar 2018:
 Gaston County Chapter
 August 17-19, 2018

Winter Seminar 2019:
 Catawba County Chapter



Committee Reports continued

Judicial Committee

I would like to thank Amber Greer, CMA (AAMA) President, for allowing me to serve as Chairman of the Judicial Council. Happy to say we have had no issues or concerns so far this year. As I am sure you have all seen members of the committee, Betty Jones, Rebecca Surratt and Shirley Sawyer have been having a great summer traveling and being with family and friends. I also have been enjoying my summer and next week will have all four of my grandchildren at the beach. Hope to see everyone at the meeting August in Gaston County.

Marilyn S. Mainwaring, CMA (AAMA)

Legislation Committee

I know that all of you have been to the AAMA website, but how many of you have scrolled down the left side and clicked on the State Scope of Practice Laws? I encourage all of you to do so, you will see two documents and a link provided by Don Balasa the Chief Executive Officer of the AAMA, to the North Carolina Medical Board. When you open the link, under categories you will see two heading's Most Recent and Legislation, you will also see Laws, Rules and Position Statements to the right of the screen. This is a great resource for medical assistants and holds the answer to many of the questions we as CMA's get asked about our scope of practice, and who we are. I look forward to smooth sailing as we finish out 2018. -Shannon Mitchell, AAS, CMA (AAMA)

Long Range Planning Committee

The Long Range Committee picked up right where last year's committee left off. The committee is getting ready to implement one of the recommendations that was recommended at the 2018 NCSMA House of Delegates that will incorporate the participation of one of our greatest assets as a society, the Past Presidents. Come and join us at the Summer Seminar to learn more about it. I want to thank the committee for their support,

Maria van de Bovenkamp, CMA (AAMA) Chair

Vicki Rummage, CMA (AAMA)

Linda Eaton, CMA (AAMA)

Summer O'Neal, CMA (AAMA)

Membership Committee

I am excited to serve as chair of this committee this year. I am working on having post cards made for new CMA (AAMA)s and non-member CMAs. I plan to share this information at the Summer Seminar Board meeting. If anyone has ideas for this committee please feel free to contact me at mjonesmtn@bellsouth.net. I would love to hear about any ideas anyone has. We have way too many non-member CMAs. I would love to know how to get them interested in our organization. -Betty Jones, Chair

Nominating Committee

The Nominating Committee has been working very hard to come up with new ideas to inspire all of our members to become leaders within our organization. We will be doing something new at the Summer Seminar so be sure to come by and see me and the rest of the Nominating Committee Members and speak with us. -Rebecca Surratt, CMA (AAMA)

Online TEMPO

Please forward this Tempo to any member that did not receive a copy in their email

and please notify me so I can add them to our list. Deadline for Winter Tempo is December 1, 2018.
Dee Dee Edwards, CMA (AAMA), CPC Chair
Rebecca Walker, CMA (AAMA) CPC Co-chair
Rebecca Surratt, CMA (AAMA)

Yearly TEMPO

The publication has been completed and has been mailed. Hopefully most of you have received it by now. This edition covered the entire NCSMA year in pictures. A big thank you to my committee members for all the photos, proofing and corrections you made so that this edition would be bigger and better. Rebecca Walker, CMA (AAMA), Chair
Jennifer Wiseman, CMA (AAMA)
Amy Cothren, CMA (AAMA)
Maria van de Bovenkamp, CMA (AAMA)

Past Presidents

The past presidents committee is already planning some great projects for NCSMA. Our committee is responsible for the coordination of a leadership and informational sessions that focus on the functioning of NCSMA. We are planning some fun activities for all to enjoy and more importantly to learn the "behind the scenes" that make the NCSMA one of the best in the nation. It takes a whole village (committees and officers) to make this happen. We are looking forward to a new journey.
I want to thank the committee for their support,
Maria van de Bovenkamp, CMA (AAMA) Chair

Committee Reports continued

Public Relations and Publicity

Cameron Smith, CMA (AAMA) and I attended the NCMGMA annual meeting in Cherokee. We talked with a lot of the Group Managers from across the state. Our booth was located in a busy area so we did have quite a bit of traffic flow. We had the AAMA keys that included information about the AAMA for Managers. The committee discussed having business cards made with NCSMA contact information, since all the information that we get from the National office has the AAMA logo on it and we need something that has our logo. Amber Greer, CMA (AAMA) and another committee member will be attending the next meeting in Raleigh.

Shirley Sawyer, CMA (AAMA)

Website Committee

I am happy to announce that I did send in three submissions for the AAMA Excel Awards for Website Development, Community Service, and Marketing Promotion and Recruitment. The AAMA Office did contact me and tell me that all the submissions seemed to be in order for judging. The NCSMA has worked so hard this year in all three of these subjects, and we will be able to show the AAMA that we continue to try to provide the highest quality of service to our members. The Website Committee continues to update the Website as needed. If you have not visited the website since the Convention in April, I suggest you check out all the new pictures and information that has been added.

Rebecca Surratt, CMA (AAMA)

Chapter Reports

Abemarle Area Chapter

We, hope and pray that everyone is enjoying their summer and vacations. We would like to congratulate all of the Medical Assistants that graduated this summer. Especially, the students from the College of The Albemarle. May you all continue to shine in your chosen profession by being the best that you can be. Some of the graduates have started to attend our monthly meetings and also have joined. Their eagerness and helpfulness is truly appreciated. We, look forward to working with them to make our Chapter a more successful one. Some of our monthly CEU's topics were:

Fire Prevention and Emergency Action Plan

- Educating Medical Assistants on wound care, their types, and treatments. We also had a tour of the hospital's Wound Center
- Benefits of Earlier Admission to Hospice Care
- The use of Simulation as a training tool for Medical Assistants

Our Chapter continues to have our monthly meetings. They are held every 1st Thursday of each month. They are located behind the YMCA in the Owens Building, room 117 at 7:00pm. We would like to invite all Medical Assistants in the area to come out and join us. Here you will receive valuable information, obtain CEUs, and have lots of fun.

Please, continue to have a safe and fun summer. See you all soon at our next seminar.

Betty Lilly, CMA (AAMA)
President

Alamance County Chapter

Our chapter continues to meet the second Tuesday of each month at Alamance Community College's Powell Building on the Graham Campus. We meet at 6:00 pm for meet and greet, our business meeting usually starts at 6:15 pm and our speaker usually starts at 7:00 pm. We have been having CEU speakers and our attendance ranges from 8 to 15 members. We are looking at ways to get member to join AAMA. We have 101 members. We also sponsor a charity each month. Our most recent was making snack bags for family members and patients at our Hospice Home. This year we also put together bags for the graduates of the Medical Assisting Program, which included pens, paper pads, hand sanitizer, tissue packs, candy, and a "Daily Survival Kit". We are also working on the 2019 NCSMA Convention and look forward to having great speakers, friendship, and fun.

Kimberly Jordan, CMA (AAMA)
President

Burke Chapter

Happy Summer from Burke County Medical Assistants. We continue to have CEU approved meetings the second Tuesday of each month at 6:00 pm. Our chapter is planning an all day Fall Seminar on September 29. We will post information on the event through the NCSMA website and FB page. Looking forward to seeing everyone at Summer Seminar.

Vicki Shuping, AAS, CMA(AAMA),
CMPM

Chapter Reports continued

Catawba County Chapter

We have been working diligently to get the winter seminar prepared for January 2019. We look forward to presenting an insightful and educational day for all of the medical assistants. We still have monthly CEU meetings at Frye Regional Medical Center @ 6:30pm on the 4th Tuesday of every month. You can email me at angela.huffman@emergeortho.com with any questions. We look forward to seeing you at Summer Seminar.

Angela Huffman, CMA (AAMA)

Forsyth-Stokes-Davie

Hello from F-S-D! Our Chapter meets at Northpoint Grill every 3rd Tuesday of the month at 6pm. We have a variety of fascinating speakers that are approved by AAMA. We encourage students, new graduates and members who have not attended in a while to come get their monthly CEU with us! Summer Seminar is almost here! I hope it's a good turn out & we'll see you there!

Beth Paulin, CMA (AAMA)

Gaston County Chapter

Summer vacations are upon us, but our chapter has been busy planning for the NCSMA Summer Seminar, August 17-19, 2018 here in Gastonia, with **SIX CEU sessions** to be held at Gaston College, Kimbrell Campus, in Belmont, NC. We are looking forward to a great attendance, so mark your calendars to join us for SIX CEUs, vendors, goody bags, and lots more! Our chapter has had a productive spring Starting with the NCSMA Convention in Charlotte, we had about 15 members in attendance. We also collected soup and Gator Ade for the Cancer Services of Gaston County and had great participation and lots of items to give them.

In April, we presented our \$500 scholarship award to **Rose Berg**, a rising second year medical assistant student at Gaston College. **Tracy Stiwalt, CMA (AAMA)** and I attended the Pinning Ceremony at Gaston College and handed 17 new CMA (AAMA) graduates red roses. We congratulate them for passing their AAMA certification test and we wish them continued success as they pursue their new careers in the medical field. Our chapter meets the third Tuesday of each month at the Carolina Orthopedic office on Court Drive at 7 p.m. We have had very good attendance and some new members have been joining us regularly now and we are so glad to have them!

Elsie Brooks, CMA (AAMA)

Greensboro Chapter

Well it sure has been a hot summer. We continue to have CEU approved speakers at our monthly meetings. Our Chapter has grown since we have gained a few new members. We have had many students attending our meetings this year, I love to see new people. Greensboro Chapter has several first time mom's to be, Sabrina Johnson, Mandi Fulk, Brittany Webster, so exciting. Looking forward to seeing everyone at Summer Seminar.

Carol Fiato, CMA (AAMA)

Haywood Chapter

Hi from the Mountains of Haywood County. We continue to have our monthly meetings. Our chapter helped serve refreshments at the Haywood Community College MA pinning ceremony. I spoke at the during their pinning I presented each student with a copy of the creed. I encourage all the students to be involved in the monthly meetings and in our chapter. We also had a very successful one day, all administrative, workshop in May. Our chapter is now in the process of putting together another one day workshop in the fall. Please **SAVE the DATE for October 6, 2018** to come see the beautiful colors in

the mountains of Western NC and get 6 CEU's too.

Shirley Sawyer, CMA (AAMA), CPC

High Point Chapter

Our chapter meets the 2nd Monday of each month. We have free CEUs each month. The attendance has increased the last couple of months with some new CMA (AAMA) graduates attending. Everyone is welcome to attend, so please come and join us! Summer O'Neal, CMA (AAMA)

Lenior Chapter report

Our chapter has been busy. We have been having our CEU approved meetings each month. We have been attending the Pitt county chapter meetings as well. We had lots of fun getting pictures around our community to send to Rebecca Walker for National. We have also been busy working on the State Ways and Means Committee.

Monica Barwick, CMA (AAMA)

Nash-Edgecombe Chapter

The Nash/Edgecombe Chapter Continues to meet on the 2nd Tuesday of each month, except, July & December @ 5:30 pm. The meetings are very informative and the speakers are Awesome!!! "How to Handle Stress, Diabetes and Lupus are some of the topics shared at our meeting. Honorable Mentions: to Tammy Sauls & Barbara Leonard on AAMA recertification For this year. Great Job Ladies!!! Several of the members attended Community Events held throughout the city: The Woman to Woman Conference, A Spring Fling@

Peacemakers(a non-profit), Also members participated for the second year in a Drama "The Old Lady @ the Bus". The plans for Medical Assistant Recognition Week are coming together nicely. The Luncheon is scheduled for October 20, 2018 at 12:00 pm @ Your Choice Resource Center In Rocky Mount, NC 27804. You are All Invited!!!!

Delphine Martin, CMA (AAMA)

Union County Chapter

The Chapter hopes all who attended enjoyed the conference and the educational offerings. The Chapter was pleasantly surprised to have been recognized for the work they put in over the year 2017 by receiving 5 different awards at conference.

The Chapter now has 4 members who were accepted to serve on State Society committees. The next meeting will be Tuesday August 14th, and our program planner has submitted the session and it has been approved. The location is Stanly Community College, time 6:30 pm. The Community service will be Crisis Pregnancy Center. We still post Chapter news on our Facebook page. Please like and follow us there. We are now working on our Fall Seminar on Saturday October 13. And the December meeting. Should you like to receive the Bi-monthly Chapter Newsletter please email your current personal email address to pat51749@aol.com to be added to the mailing list. We can't wait to see many of you at Summer Seminar.

Patricia W. Clark, CMA(AAMA)

Continuing Education

2018 Summer Seminar

August 17-19

Gastonia, NC

Comfort Inn and Suites

Gastonia, NC.

Gaston College-Belmont Campus.

AAMA National Conference

Sept 14—17, 2018

Hilton Salt Lake City Center

[More info](#)

2019 NCSMA Winter Seminar

January 18-20, 2019

Catawba County Chapter

2019 NCSMA Convention

April 25-29, 2019

Ramada Inn, Burlington, NC

2019 NCSMA Summer Seminar

Lexington Chapter

2019 AAMA National Conference

Sept 13-16,2019

Sheraton Greensboro

Four Seasons Greensboro, NC



Membership Matters

The AAMA—Your Partner in Professionalism



Medic Alert Awareness Month to educate and bring attention to life-saving tools.

Have you ever seen someone or know someone who has jewelry with the words Medic Alert on it along with a snake wrapped around a staff? The reason they have that on them is to alert a medical professional about a medical or health condition in case the person cannot communicate. There are several different reasons why a person may have a Medic Alert on them. Common reasons for a medic alert ID are drug or food allergies, diabetes, hemophilia, autism, seizure disorders, people on pacemakers or other medical devices and even Do Not Resuscitate order.

In some cases, it is especially important for the child to wear the Medic Alert bracelet, such as autism. Autistic children sometimes are known for wandering away and have a hard time communicating with others but with a medic alert ID bracelet they can be helped better.

Allergies are another cause for a person and especially a child to wear a medic alert bracelet. As some allergies such as bee stings, peanuts, a medication, or several food items can cause an adult or child to go into anaphylactic shock or even lead to death, wearing the bracelet will help to inform the medical professionals that the child went into shock for a certain reason or not to give them a certain medicine in case the parent is not around.

A medic alert emblem also helps to identify people who take blood thinners, insulin or other medications, that may interact with the procedures or treatments used in emergency situations.

Medical alert identification can mean life or death for a cardiac patient, especially if a person has a pacemaker or internal defibrillator.

Worn as a bracelet, necklace or on clothing, a medical identification tag will tell first responders that the individual wearing the tag has a medical condition that may need immediate attention. Unconsciousness, shock, delirium, hysteria, and loss of speech may prevent a person from communicating vital information in medical emergencies.

Available for purchase at drug stores, pharmacies, and other retail outlets, medical identification alerts can be found as a charm on a bracelet, necklace pendant, or a simple silver band with a red emblem that draws the attention of paramedics, physician, or emergency department personnel of a medical condition, allergies or certain drugs to help a person get the medical attention and aid that they need. Within the military community, the issuance of a red dog tag, or identification tag, indicates an allergy to penicillin or a similar medication.

