

# LEARN TO MASSAGE YOUR BABY



Infant Massage is a wonderful way to experience the way your baby communicates with you.

With **nurturing touch** you and your baby may feel more relaxed.

Research also shows that babies who are massaged:

- ~may sleep deeper and longer,
- ~spend more time active and alert for learning,
- ~increase bonding and attachments to their parents,
- ~improve elimination.

These sessions are part of an Infant Massage Training for Educators.

We would like you to join us for 3 one-hour sessions.

*Parent Sessions will be held on  
December 7, 8, & 9, 2021  
Come one or all three days  
1:30 – 2:30 PM*

*Prince of Peace Lutheran Church  
8304 Old Keene Mill Rd  
Springfield, VA 22153*

Reserve your space call or text Linda 571-241-1075 or  
Email: [linda.storm@infantmassageusa.org](mailto:linda.storm@infantmassageusa.org)

All courses are provided by a Student Educator of Infant Massage who received training through