



## **Food and PPE Kit Instructions**

As migrants travel from border communities to hub cities on their way to their sponsors across the U.S., they have shared a sincere need for food and personal protective equipment. In an effort to support our neighbors and partner organizations, Immigration Ministries needs your help to provide shelf-stable, individually wrapped food and PPE kits. All kits will be distributed by Interfaith Welcome Coalition (IWC) and Team Brownsville volunteers.

### **Food Bags (San Antonio)**

\*Pack a 1 gallon zip lock bag with the following:

- 1 Napkin
- 1 Spoon
- 1 Peach Fruit Cup
- 1 Tropical Fruit Cup
- 1 Applesauce squeeze pouch
- 1 Bag of Roasted Peanuts
- 1 Starkist Tuna Fish Lunch To-Go
- 1 Granola bar (Oats & Honey)
- 1 Granola bar (Sweet & Salty Almond)
- 1 pack of Cheese and Crackers
- 1 pack of Peanut Butter Crackers
- 1 small can of Vienna Sausages or a pop-top can of stew or spaghetti
- 1 Pop Tart (any flavor, Strawberry preferred)

### **Food Bags (Brownsville)**

\*Pack a 1 gallon zip lock bag with the following:

- 1 Juice Pack (Capri Sun, Hi-C, etc.)
- 1 pack of Cheese and Crackers
- 1 Granola bar (Oats & Honey)
- 1 Granola bar (Sweet & Salty Almond)
- 1 pack of cookies or graham crackers
- 1 pack of fruit snacks
- 1 Slim Jim

### **PPE Bags (Please include 1 kit per food bag regardless of destination)**

Pack a 1 quart zip lock bag with the following:

- 3 disposable face masks
- 1 pack of travel-sized kleenex



- 1 travel-sized hand sanitizer

Please Note: Pack food bags so they are tightly sealed to avoid attracting critters in storage spaces. Water bottles will also be provided separately, please do not include in the food kits.

\*Please include one PPE kit per food bag.