

Kiara Hartwell is the owner of KJ Hartwell, LLC and is a Licensed Professional Counselor with Sheppard Pratt Health System. In other words, Kiara spends her professional life helping others.

She graduated from Prince Edward County High School where she began taking classes at SVCC as a dual enrollment student. Upon graduation from high school, Kiara, attended a four-year college for a semester, but did not find it to be a good fit. She returned home and graduated from SVCC in 2009 with an Associate of Arts & Sciences degree. Kiara transferred to George Mason University and received her Bachelor of Arts degree in Psychology with a minor in Conflict Resolution and Analysis. She didn't stop there as she has since received her Master of Arts degree in Mental Health Counseling. AND, in checking out her website ([kjhartwell.com](http://kjhartwell.com)) you will find the following list of accomplishments:

- Life Coach
- Entrepreneur
- Psychotherapist/Counselor
- National Certified Counselor
- Maryland Board Approved LCPC Supervisor
- Licensed Clinical Professional Counselor (Maryland)
- Online Business Coach for an Affiliate Marketing Opportunity

In April 2017, she opened her own private practice, KJ Hartwell, LLC, which is her private practice counseling both adolescents and adults. Upon entering her website, you will see her quote, "Creating a healthy mindset is an investment in your overall well-being."

In addition to her work passions, Kiara enjoys playing tennis and basketball and traveling.

Reflecting on her experience at SVCC, "I would encourage students to take full advantage of the dual enrollment credits while in high school. I would also encourage students to consider community college to get their feet wet after graduating high school so that they can save money while adjusting to the after high school transition."