

Diana Hubberts, MS, LCPC is a certified IATP-C and EMDR clinician in private practice in Long Grove, a northwest Chicago suburb. Diana works primarily with children and teens, with a special focus on attachment, trauma, and gifted children.

Diana was born and raised in the diverse inner city of Chicago in the 1960s. She received her Master of Science Degree in Biology along with a teaching certificate at Northern Illinois University. Diana expanded the environmental science program at Stevenson High School in Chicago during her thirteen years there as a biology teacher.

Diana states, "My life after teaching was like another degree program. I lived in Europe, had children (one of whom joined our family from Russia) and then, along with my family, made an emotional and rewarding journey to Russia for a successful reunion between our daughter and her biological family." Diana then went back to school, attending National Lewis University and receiving her Master of Science degree in Counseling. Because she was a busy mother, she started out volunteering as a counselor at a nonprofit agency that served young parents and children, many of whom were immigrants, for eleven years. The families came out of traumatic settings due to immigration and poverty. Diana states, "I loved my work with the parents, and I was the only one doing EMDR therapy at the agency. I felt like I was giving the best possible counseling to the people for whom it was least available. However, in the back of my mind, I always thought I wanted to work with children. I started taking every training regarding work with children that I could find, and I also trained in more useful methods I could use to help parents. Besides learning what I could to help my clients, I was always seeking greater understanding of issues related to attachment and trauma so that I could better understand my child. I took Joan Lovett's child presentation at EMDRIA Montreal, and Joan recommended that I speak with Debra Wesselmann. I decided to bring Debra to Chicago and sponsored the IATP-C training here 7 years ago. It was perfect timing for me because I was starting my private practice and felt called to treat attachment trauma in children. I started getting calls for those children right away and continue with the work to this day. I still love this work."

"I have really been driven by my own experiences as a mother, as I didn't have this kind of guidance or help when my own child was young. I tried therapist after therapist back then, and no one worked with children like mine. I hoped to find more answers when I began graduate school, but I learned nothing there that was helpful to me with my child. I saw the need, and I was inspired to help other families. If I can help any number of these children and families, I feel it has all been worthwhile."