

Lebeka Shin, LCSW, Certified in the Integrative Attachment Trauma Protocol for Children

Lebeka Shin, LCSW is in private practice at Attachment and Trauma Therapy in Kansas City, Missouri. Lebeka was drawn to the Integrative Attachment Trauma Protocol for Children after completing EMDR I and II. She went on to become certified in the model and in EMDR therapy. She states, "I loved the model and it is a perfect fit for the children, adolescents, and families I work with." Lebeka has also completed training in Theraplay, Levels I and II, Child-centered Play Therapy, and Trust-Based Relational Intervention (TBRI). She works primarily with foster and adopted children and their families.

The attachment and family component of the IATP model fit perfectly with Lebeka's philosophy regarding her work with children. She states, "I have always believed that to help a child make change, the clinician must work with the parent child relationship." She especially loves working with challenging children who come from difficult backgrounds and supporting their families.

Lebeka received her master's degree from Yeshiva University in New York City. She first became interested in working with children when she took a year off from school and volunteered for AmeriCorps. During that year she provided literacy programs and education about social issues to youth in an inner city area. She states, "One youth in particular touched my heart. He had been sexually abused and labeled as emotionally disturbed. I decided then that I wanted to help children like this young boy."

Lebeka states that some of her other early jobs were also invaluable in terms of the experience she gained. Her work with families at a homeless shelter and later work as a behavioral health staff at a lock-down residential facility deepened her commitment to helping children.

Lebeka loves the outdoors. This fall she will be hiking and camping in the Grand Canyon with friends. She loves traveling and has been to many different nations, including a trip to China last summer during which she worked at a camp for children who had lost their parents.

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