

Jayna Haney, MS, LPC

The Wellness Collective

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Jayna Haney, MS, LPC, provides services to stepfamilies and single parents as well as nuclear families with complex issues. She works with adults, couples, children/teens, and families through private practice at The Wellness Collective and Red Dun Ranch. She has experience and training in EMDR, trauma, attachment, high conflict dynamics/parental alienation, marriage, parenting, and the Integrative Attachment Protocol for Children (IATP-C).

Jayna reports that her own experience with divorce in 1998 highly impacted her career. After Jayna and her husband Mike married in 2001, they began teaching classes for stepfamilies, couples, and single parents and both trained at the Stepfamily Foundation in New York. She founded The Bridge Across for Single Parents and Stepfamilies in 2006, providing coaching, education, and programs, including those she authored herself. Jayna earned her MS in Counseling from UHCL.

Jayna was drawn to working with children and families during her graduate school practicum at an elementary school and a junior high school. She observed that almost every child she worked with came from a divorced family or step-family. Following that experience, she went back to school and received her post-graduate certification in marriage and family and

attended extensive trainings including the High Conflict Institute advanced family training, finding its principles to be a guiding post for her.

Following her EMDR basic training, Jayna participated in the IATP-C training due to her interest in integration of the family. She states, “The IATP-C was a coming together of all the important pieces of my training and experience in a way that made so much sense. It was completely applicable to children of divorce due to the trauma and attachment issues that they experience. I also use pieces of the protocol with parents who have adult children from whom they are estranged, and I incorporate elements of the protocol with two adult addiction groups. Equally influential for my practice was the 3-day Adult Attachment training I attended with Deb Wesselmann LIMHP and Ann Potter, Ph.D.”

Jayna and her husband Mike have been married for 18 years and are enjoying their empty nest and four grown children with full hearts.