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# best practice caregiving

Guiding organizations to dementia programs for family caregivers

A partnership between Benjamin Rose Institute on Aging and Family Caregiver Alliance

Good morning,

We hope you are doing well, staying healthy and finding ways to connect with others while socially distancing. Amid the 24/7 news cycle, we're pleased to bring you some uplifting news items.

Read on to learn how we're leveraging **Best Practice Caregiving** (BPC) to help some of those most affected and vulnerable during the pandemic. Second, a peek into the real-life ways a BPC program is changing caregivers' lives in the UCLA health system. Now, more than ever, we're seeing how important community is—and we're so glad that you're a part of ours.

Sincerely,

*The Best Practice Caregiving Team*

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## 12 Dementia Caregiving Programs Help Caregivers Remotely

In this time of quarantine and social distancing, organizations and providers that serve dementia caregivers are scrambling to provide personalized support in a distance-friendly way. To help organizations deliver support remotely, we have compiled a list of 12 top dementia caregiving programs that can be delivered via telephone or online. All are vetted, proven and ready for implementation (and 7 are free to adopt!).

[Read more](#)



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## BPC Programs Spotlight: UCLA Alzheimer's and Dementia Care Program

We're excited to announce a new article series showcasing various dementia caregiving programs within Best Practice Caregiving. The first of our series features the [UCLA Alzheimer's and Dementia Care Program](#), which has helped more than 2,800 patients by



leveraging the expertise of nurse practitioner Dementia Care Specialists, primary care and specialist physicians to provide personalized dementia care.

Read more [here](#) and [here](#)

*“I wouldn’t be able to keep my mom at home, honestly, without having [the UCLA team] to call upon ... Health issues are still scary at times to me and it is comforting to know that I am not alone in making decisions for Mom.”*

— Ellen, daughter and caregiver of Pauline

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## ABOUT BEST PRACTICE CAREGIVING

**Best Practice Caregiving** ([bpc.caregiver.org](http://bpc.caregiver.org)), is a free online database of more than 40 vetted, proven dementia caregiving programs that allows organizations to identify, compare and adopt best-fit programs for their clientele and community. It is a product of the collaboration among three leading organizations in the field of aging and caregiving: **Benjamin Rose Institute on Aging, Center for Research & Education; Family Caregiver Alliance: National Center on Caregiving;** and **The Gerontological Society of America**. Project funders are **The John A. Hartford Foundation, Archstone Foundation** and **RRF Foundation for Aging**.

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