



Faith & Life Groups

Where faith and life meet.



Faith & Life Groups are a new ministry at First Lutheran where people build meaningful relationships, grow in faith, and encourage one another through every season of life.

Whether you're new to First Lutheran or have been here for years, there's a place for you. Groups meet monthly from October 2026–April 2027 at times that work for each group.

Come share life, deepen your faith, and build community!

How It Works

Step 1: Register Online or at the Welcome Center by September 20

On your registration, you'll tell us:

- The type of group you'd like to join
- Any additional information that will help us place you in a group

Our ministry team will thoughtfully create groups based on the preferences and information you provide.

Step 2: Attend [Kick Off Event: October 4 at 11:00am in Room 1A](#)

Everyone who registers will gather for a church-wide kickoff celebration featuring:

- Pizza Party – Free Will Donation
- Meet your new Faith & Life Group
- Time to plan your group's meeting schedule
- Curriculum and resource overview

This will be your opportunity to begin building relationships and make plans for your first gathering.

General Information

Meeting Schedule

- Season: October 2026 – April 2027
- Frequency: 1 time per month
- Location: Homes, church, coffee shops, restaurants, or wherever your group decides
- Schedule: Determined by each group

What Will We Do?

Every Faith & Life Group is unique, but most gatherings will include:

- Sharing life together
- Prayer
- Conversation about faith
- Fellowship
- Encouraging one another through life's celebrations and challenges

Curriculum/Content

Groups may choose to:

- Utilize the new curriculum provided by First Lutheran.
- Select a Bible study or book together.
- Focus on discussion, prayer, and fellowship without a formal study.
- Participate in service projects or shared activities.

Why Join a Faith & Life Group?

Faith grows best in community. When we gather regularly with others, we experience:

- Deeper friendships
- Encouragement during difficult seasons
- Opportunities to pray for one another
- Meaningful conversations about faith
- A stronger connection to the life of our church
- A place where everyone is known, cared for, and supported

Group Options

- **Couples Group** - For married or committed couples looking to grow together while building friendships with other couples.
- **Young Adult Groups** - For adults in their 20s and 30s who desire authentic relationships, faith conversations, and community.
- **Family Groups** - Families with children of similar ages gathering together for conversation, fun, and faith.
- **Women's Groups** - A welcoming place for women to encourage one another, pray together, and grow in faith.
- **Men's Groups** - Build friendships with other men through conversation, shared experiences, prayer, and growing in faith together.
- **Empty Nesters** - For adults whose children are grown and who are looking to connect with others in a similar stage of life.
- **Mixed Adult Groups** - Intergenerational groups made up of adults from various ages and life experiences, offering diverse perspectives and meaningful relationships.

Existing Groups

Already gathering with a Bible study, neighborhood group, group of friends, ministry team, or another small group? We'd love for you to be part of Faith & Life Groups!

Register your existing group to receive optional curriculum, conversation guides, service opportunities, and invitations to church-wide Faith & Life Group events while continuing to meet with the people you already know.