

Session 1 - Alzheimer's Disease (3.0 CEU Hours)

9:00am – 12:00noon

At the conclusion of this program, participants will be able to:

Cite the epidemiology of Alzheimer's disease
Review the diagnostic evaluation used to identify the stages of this disease
Discuss the hallmarks of Alzheimer's disease - abnormal levels of amyloid plaques and neurofibrillary tangles
Differentiate mild cognitive impairment (MCI), Alzheimer's disease and vascular dementia
List the signs, symptoms and progression of dementia including sensory and motor changes
Utilize the brief interview for mental status for assess attention, level of orientation and ability to recall information
Describe drug therapies and lifestyle interventions to prevent Alzheimer's disease
Identify the genetic risk factors for Alzheimer's disease and discuss strategies for reducing risk
Examine the human nature of denial and assist patients and their family overcome denial
Demonstrate effective communication techniques with patients with AD or related disorders
Decode the verbal and behavioral messages delivered by someone with dementia related disorders
Provide psychotherapeutic treatment for the behavior disturbances associated with dementia
Teach families to utilize effective and creative behavioral interventions
Offer community resources for patients/families dealing with the physical and emotional aspects of Alzheimer's disease

Session 2 – Community Resources (1.0 CEU Hours)

12:00noon – 1:00pm including Lunch

At the conclusion of this program, participants will be able to:

Provide appropriate community referrals for patients and families

Session 3 – Helping Families in Crisis (3.0 CEU Hours)

1:00pm – 4:00pm

At the conclusion of this program, participants will be able to:

Define elder care coordination
Describe the roles of each professional involved
Promote self-determination of elders to the extent of their ability
Utilize screening and intake to assess safety and safety protocols
Identify legal documents that every individual needs for life care planning
Discuss skills of mediation used to manage high-conflict family dynamics
Examine the dynamics of conflict and the key elements of conflicting perspectives
Serve as a neutral catalyst to help resolve the conflict
Assist families in shared decision making
Provide a support system for elders and their families
Overcome barriers that can otherwise halt the mediation process
Adapt elder care coordination skills and incorporate them into your work with all populations on all issues
Help clients and families access community resources