
From: Megan Nolde

Sent: Thursday, January 3, 2019 3:31 PM

To: info@sagerva.com

Subject: First News Weekly at First UU!

First Unitarian Universalist RVA- Jan. 4, 2019

First News Weekly

from **First UU**





**Because you are alive,
everything is possible.**

— THICH NHAT HANH —



www.HappyDose.com

This week's quote is by Thich Nhat Hanh, author and spiritual leader.

**We GROW in search of wisdom,
we CARE in support of community, we ACT in service of justice.**

WELCOME

**All are invited to join us for services!
January's Theme—"Possibility"**

The packet for this month is available on the member portal at richmondUU.org
(Ask your group leaders for the member password.)

Sunday Services, Care, & Leadership News

**Sunday
Services at**

**First UU Care Team for
January 2018**

**9:00 am
and 11:00 am**

coffee hour
~~10:00~~ am-11:00 am

~~9:00~~ am & 11:00 am: Services

**Sermon announcement not
available at time of distribution.**

There is no printable OOS available
as of distribution time for Jan. 6th.

Lay Pastoral Care Coordinator

Linda Ericson
717-319-2317
linda.ericson@aol.com

Team Kindness

Janet Goin
804-263-5746
janetg@globalweb.net

Contact First UU Care Team for a
little touch of nice. ♥

Did Ya Know?! by Pat Vaughn

Check out our **JANUARY** blog post
about the church's history, by member
Pat Vaughn!

"Rev. Nicholas Cox created a preaching circuit that took him into Virginia (1809-1810). Among the first itinerant missionaries from the northeast, his unorthodox message of Universalism was, a challenge to those that came to hear him, 'to reach out and embrace people whom society often marginalized.'"

News for Visitors

Thank you so much for signing up for First News Weekly! We are so glad you're here. If you haven't visited our congregation yet, we hope you will soon. You can find all the information you need at our website here:

Visitor Information at First UU

New to UU Conversation

10:15 twice per month

Next conversation is January 13th

*ask at the front desk for
that Sunday's location!*



NEXT PATHWAYS to MEMBERSHIP CLASS

will be on January 20th, 2019

Want to know more about this community? Is it time to learn more about how to get involved at First UU? Do you want to meet more folks from the church? We offer a Pathways class to assist you in doing all these. This class is necessary to become a member.

The next pathway class will be on January 20th, 2019. The session runs 9:00-3:00 and includes attendance of the 11:00 service followed by lunch.

All are welcome.

Communications & Bookkeeper News

Please note the following
changes regarding
submitting information for the

**FIRST NEWS WEEKLY
AND THE ORDER OF SERVICE:**

**THE DEADLINE FOR SUBMISSIONS IS
WEDNESDAYS AT 10:00 AM**

Items for the Order of Service Sunday
Bulletin

need to be emailed to

Desiree Woodson

desiree.woodson@richmondUU.org

Items for First News Weekly, updates to
website, Britesign, etc.

need to be emailed to

Megan Nolde

communications@richmondUU.org

Information on Pledges

There is no update due to church
offices being closed.

Share the Plate Collection

There is no update due to church
offices being closed.

SHARE THE NEWS

Attention: this newsletter
serves the entire
congregation. If you are
looking for a particular
group or event, you may
need to scroll down and
click the "view entire
message" link on your email. The entire
newsletter will appear.



It may look like this: [Message clipped] View
entire message

*[Shelly Thompson is no longer the
contact person]*

Have you noticed?!

Every week in the Order of Service, and now in First News Weekly, we will be providing an update on where we are on our pledge collection for the year.

If you have questions about where you are on your personal pledges, please email Kelli McNeal at bookkeeper@richmondUU.org and she would be happy to give you an update and help you get current if needed.

If you are not receiving monthly statements, please confirm your email address with her, or let her know if you need them mailed to you.

We will also be providing information on how much money we receive for our Share the Plate recipients every week.

GOT PHOTOS OF FIRST UU HAPPENINGS?

Email them to communications@richmondUU.org!

We are always looking for new images for the website, social media, or FNW!

While we can't guarantee we'll use every image, we would appreciate the help in gathering more of them!

Religious Education News



Please contact [Rhonda Wingfield](#)

The Nursery

The Nursery is open during worship services to serve those 3 and a half years old and under. Children are welcomed by experienced staff and engaged in gentle play. Please label your child's belongings, and bring your own snack if desired. Cheerios will be offered. *If you have allergy concerns, please provide your child's snack.*

The children's activity box for those attending worship will now be located outside the Great Hall on the right side of the lobby.

Religious Education Class Meeting Sunday, January 6th, from 11:00 - 12:00 are:

PreK-K: Theme: The Gift of Spirit. Children will focus on the intangible gift of spirit by learning about the Unitarian Universalist Chalice and how that represents spirit and energy.

Gr. 1-2: Care for the Earth. Students will study the meaning of the Unitarian Universalist's 7th principle and the work of environmentalist Rachel Carson.

Gr. 3-4: Stewardship. Students will be guided to consider what this word means and how we can put the practice of good stewardship into our everyday lives.

Gr. 5-6: Showing Your Good Side. In a quest to live a life of integrity, how does peer pressure influence what we do?

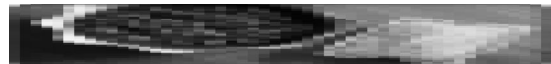
Gr. 7-8: Prayer and Spiritual Practices. Students will consider the value of spiritual practices in their lives. They will create prayer/meditation beads.

Gr. 9-12 Meets 10:45-12:15.

Please be prompt to start on time.

Lesson: Integrity. What is integrity and it's relationship to honesty and trust? Can you be trustworthy and not have integrity? These questions and more will be considered through story, activities and sharing personal examples.

**Annual Chili Cook-off and
Corn Bread Competition
Sat., Jan. 19, 5:00-7:00**



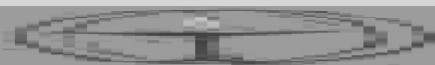
Time to pull out that favorite chili
or corn bread recipe and get
cooking!

Prepare a crock pot of your
favorite chili or a large pan of corn
bread to enter this festive annual
contest! Great food and
merriment abound!

*Will you take home the trophy
and prizes this year?*

**Sign-up to enter at the table in
the Lobby, Dec. 30-Jan. 13.**

Adult Formation News



For questions, contact [Rev. Sue Sinnamon](#)

A REMINDER: Unless otherwise noted in the information, these groups are open to newcomers and would be happy to welcome you! We encourage everyone to participate in these many wonderful opportunities to learn and grow together.

**The sign up for groups for the new year will happen on Sunday,
January 20th after each service! Stay tuned for more
information!**

Upcoming Events

You're Invited!

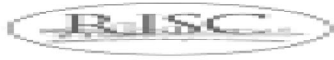
to the
Ordination of Lee Anne Washington

Sunday, January 13th at 4:30pm
Clergy arrive at 4pm for robing

[RSVP HERE](#)



RICHMOND PLEDGE



RISC, the Richmond Pledge to End Racism and January 20

The movement to end racism is everywhere you look at our church. The yellow Black Lives Matter banner along the entry way. The Richmond Pledge to End Racism in our lobby that many members have signed. The two day Richmond Pledge workshop that identifies the causes, the ways to better recognize, and the ways to battle racism.

So how can we actually make the Pledge real? How do we LIVE THE PLEDGE? The first three elements of the Pledge are about personal belief and the next three are about personal action. But the seventh item asks us to:

...commit to working with others to transform the Greater Richmond region into a place that treats people of all races, ethnicities, and cultures with justice, equity, and compassion...

There are many ways that our church members can do that: efforts with the Greene School, support for CARITAS and many other causes through our "Share the Plate". But the one organization where our congregation is **working with others to transform** the systemic structures that racism creates is RISC (Richmonders Involved to Strengthen our Communities).

Our church is one of the 22 interfaith congregations that make up RISC. The RISC work starts with the listening process when RISC members talk about the problems that keep them up at night. Then, based on those conversations, chooses an issue to take on. And do the research to find a solution; creating affordable housing and ensuring that students are reading to grade level are recent successes. How does RISC do this? How are those involved with RISC living the Richmond Pledge to end Racism? Join us on January 20 after second service and we will fill you in! Sign up at the Social Justice Table.

Questions? Contact Steve Saltzberg (804-306-5184, stevesaltzberg@gmail.com) or Dorothy Hollahan (804-744-9412, dorothyhollahan@comcast.net).



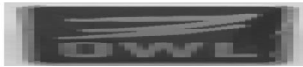
First UU Leadership / Small Group Facilitators' Group meeting

Saturday, January 19th
from 9:00-11:00 am

**Come eat donuts and participate
in a sharing circle on the February packet**

We would like ALL groups to be represented at these monthly meetings.
Contact Dianna MacPherson to be added to our email distribution list.
suusi.macpherson@gmail.com

New Opportunities



Have you registered yet for
Adult OWL at First UU??

REGISTRATION IS OPEN!

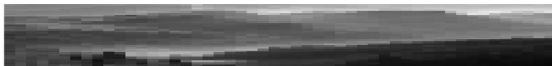
Using values, communication skills and spirituality as starting points, this program explores sexuality issues for adults of all ages. Builds understanding of healthy sexual relationships, affirms diversity and helps participants accept and affirm their own sexuality throughout their lives.

Rev Sherman Logan, Rev. Faith Harris, Nikki Rovner, and Regina Largent,
facilitators.

**January 10 through February 28,
Thursdays 6:30 - 8:30 pm. (8 Sessions)**

Contact Rev. Sue to register.
sue.sinnamon@richmondUU.org

Learn more about OWL for all ages:
<https://www.uua.org/re/owl>



**THE UNITARIAN UNIVERSALIST
PARTNER CHURCH COUNCIL**

PRESENTS:

**July 2019 Cross-Cultural Pilgrimage to Transylvania
July 31, 2019 to August 13, 2019**

**Learn more on the First UU website:
www.richmondUU.org/adult-formation**

Price:

\$1,195 (double occupancy) + \$150 non-refundable registration fee

CONTACT Rev Sue Sinnamon for more details.

[READ AN ARTICLE ABOUT THE TRIP,](#)

WRITTEN BY REV. SUE, HERE!

Small & Practice Group News

*More information on these areas of interest can be found at the website:
[ADULT FORMATION ADDITIONAL ANNOUNCEMENTS](#)*

CIVIL CONVERSATIONS ABOUT CONTROVERSIAL ISSUES



The Civil Discussion meeting will not be held in January. The next meetings is February 7, topic to be announced.



The First UU Jewish Spirituality and Practice Group is forming! If you would like to be involved or would like more information, contact Elisa O'Brien at efhobrien@gmail.com.

Wednesday
Community
Night



Vespers

6:00 pm-6:30 pm

A quiet center to our week!

Vespers continues year-round

Vespers is an intimate, contemplative, and conversational half-hour service provided by our ministerial interns. We welcome you and appreciate you just as you are and whenever you can join us. MEETS IN THE GREAT HALL

Simple Supper

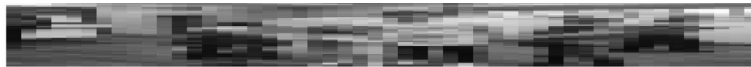
6:30 pm

Come enjoy good food and fellowship. Soup salad and bread are typical fare. Volunteers prepare the supper. Consider signing up with your group or team! See the volunteer section below.

Ministers Present

7:15 pm -8:30 pm

January 9th: no information available.



Life Stage Groups News

Want to know when the following groups meet? Visit our [Growth Groups](#) page on the website for contact information for each convener!



Young Adults



Young Marrieds



Parent Group

Upcoming Practice Group Meetings

Looking for a contact person?

Want to know the overall schedule of when a group meets?

Check out our website page on [Practice Groups](#)!

Antiracism Group

next meeting

January 13th at 12:15 pm

Library

[must take Living the Pledge
before joining]

Tai Chi

Every Monday from 6:30-7:30 pm

President's Hall

UU Christian Fellowship

next meeting

January 15th from 5:30-7:00pm

Library

Humanism in Practice

Vespers Contemplative Service

Every Wednesday 6:00-6:30 pm

in the Great Hall

UU Zen Group

Sitting and Walking Meditation

Every Thursday at 7pm

Nursery

Yoga with Jodi

Contact: [Jodi Bock](#) for schedule

Dances of Universal Peace

next meeting

January 12th at 7:30 pm

President's Hall

3rd Wednesdays at 2:00 pm
Contact **Mariah Travis**
for location and date in December.

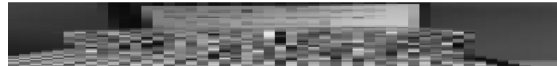
Contact **Hayat Bain** for more
information.

DOGWOOD SPIRIT CIRCLE
next meeting
January 6th from 10-10:45
Library

**RVA Western Mystery
School Study Group**
3rd Tuesday of each month 6:30 pm
Contact: **Michelle Northrop**
for December date and location.

Greater Richmond Humanist Group
next meeting
January 22nd from 6:30-8:00 pm
Great Hall/President's Hall

Opportunities
for Social
Justice Work



Help Greene School get much-needed school supplies!

We will be collecting Box Tops for **Greene School**. Go to the website
<https://www.boxtops4education.com> to learn about the program then bring your
boxtops to church each Sunday.

Look for the box and a list of products on the social justice table
or contact **Joan Lewis** for more information

BUT WAIT, THERE'S MORE!

We have the opportunity to develop **after school enrichment clubs at
Greene school**. A whole range of activities could be considered. **Do you
have a hobby or activity that you would like to introduce to the kids?** Topics
like dance, singing, a reading club, boardgames, but the opportunities are
only limited by your interest.

To talk about this possibility please contact Joel Blum at
jokerblum@gmail.com.



Remember - our church is a community built around mutual love and giving. We need YOU to complete the circle by giving back to the community through volunteering your time or resources!

Simple Supper needs more coverage!! We have a new sign-up site--- and it's mobile-friendly!

Pick a date or two during this season (through May), to prepare and donate Simple Supper. Each supper needs six to eight people to prepare, set up, serve and clean up.

Sign up here:

<https://www.signupgenius.com/go/5080B48A4AD2FA1F49-simple>

Come and eat supper with us!

Or shadow any group providing supper ahead of your time.

Please contact Rick Carr to set up a 90-minute class to learn about the machinery in the kitchen. Rick can be emailed through the link on his name, or call 804-349-5303 (voice/text).

**Darlene Dragavon, Simple Supper Coordinator
804-562-2175**

Sunday Ushers and Visitors Table Welcomers are Needed!

Choose a Sunday and a service, (9 am or 11 am) and come receive training with an experienced hospitality person. Plan to arrive 20 mins before service starts. Shadow and assist to learn the ropes and then commit to serve one service on one Sunday per month.

Sign up online http://richmondUU.ivolunteer.com/hospitality18_20
or contact [Ben Wharton](#)

Miss a sermon? Listen now on:

PODBEAN

Need to know more about events?

View our CALENDAR

Black & White version of this week's
FNW

Visit our website

Visit our Facebook page

First Unitarian Universalist Church of Richmond | 804-355-0777
communications@richmondUU.org | www.richmondUU.org

First Unitarian Universalist Church | 1000 Blanton Avenue, Richmond, VA 23221

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