

First Unitarian Universalist RVA - Nov. 30, 2018

First News Weekly

from First UU



Memories of our lives,
of our works
and our deeds
will continue in others.

- Rosa Parks

YOURDICTIONARY

This week's quote is from the great Rosa Parks.

We GROW in search of wisdom,
we CARE in support of community, we ACT in service of justice.

WELCOME

All are invited to join us for services!

November's Theme-"Memory"

The packet for November is available on the member portal at richmondUU.org
(Ask your group leaders for the member password.)

Sunday Services, Care, & Leadership
News

Sunday
Services at
9:00 am
and 11:00 am
coffee hour
10:00 am-11:00 am

First UU Care Team for
November 2018

Lay Pastoral Care Coordinator
Linda Ericson
717-319-2317
linda.ericson@aol.com

Sermon by
Rev. Jeanne Pupke, Senior Minister
"Impossible: When the Way
Forward is a Mystery"

*When we find ourselves face to face with
what seems immovable and unchangeable,
what options can there be? Rev. Jeanne asks
us to consider where we might find Courage
and Wisdom in facing the impossible.*

Team Kindness
Laura May
804-937-8233
lmay45@verizon.net

Contact First UU Care Team for a
little touch of nice. ♥☐



Dec. 2, 2018 OOS

Change in plans! There will be a
joint November/December
First UU Leadership /
Facilitators' group meeting. It
will take place on December 1st
from 9:00-11:00 am at First UU.

There will be no longer be a
meeting on December 15th.

Please make sure you find a
substitute if you are unable to
attend the December 1st
meeting.

News for Visitors

Thank you so much for signing up for First News Weekly! We are so glad you're here. If you haven't visited our congregation yet, we hope you will soon. You can find all the information you need at our website here:

[Visitor Information at First UU](#)

New to UU Conversation
10:15 twice per month
Next conversation is Dec. 2nd
*ask at the front desk for
that Sunday's location!*

NEXT PATHWAYS to
MEMBERSHIP CLASS

will be on January 20th, 2019



Communications News

Please note the following changes regarding
submitting information for the
FIRST NEWS WEEKLY
AND THE ORDER OF SERVICE:

THE DEADLINE FOR SUBMISSIONS IS
WEDNESDAYS AT 10:00 AM

Items for the Order of Service Sunday Bulletin
need to be emailed to

Desiree Woodson

desiree.woodson@richmondUU.org

Items for First News Weekly, updates to website, Britesign, etc.
need to be emailed to

Megan Nolde

communications@richmondUU.org

[Shelly Thompson is no longer the contact person]

GOT PHOTOS OF FIRST UU HAPPENINGS?

Email them to communications@richmondUU.org!

We are always looking for new images for the website, social media, or FNW!

While we can't guarantee we'll use every image, we would appreciate the help
in gathering more of them!

SHARE THE NEWS

Attention: this newsletter serves the entire congregation. If you are looking
for a particular group or event, you may need to scroll down and click the
"view entire message" link on your email. The entire newsletter will appear.

It may look like this: [Message clipped] View entire message



Religious Education News



Sunday, Nov. 23rd

Please contact Rhonda Wingfield

The Nursery

The Nursery is open during worship services to serve those 3 and a half years old and under. Children are welcomed by experienced staff and engaged in gentle play. Please label your child's belongings, and bring your own snack if desired. Cheerios will be offered. *If you have allergy concerns, please provide your child's snack.*

The children's activity box for those attending worship will now be located outside the Great Hall on the right side of the lobby.

The following classes meet at 11:00.

Please sign students in to class beginning 10:45.

PreK-K: The concept of stewardship is introduced to children through a story and activities. Our goal is to help children know at a young age, that their faith home belongs to them and its vitality depends upon accepting and giving stewardship.

Gr. 1-2: Students will focus on the UU fifth principle - that everyone deserves a say about things that concern them- through the powerful true story of Ruby Bridges. A brave child, only 6 yrs old, Ruby became a hero of the Civil Rights Movement. One voice can make a difference.

Gr. 3-4: Children learn that religions and cultures honor death in different ways, and they discuss how memorial rituals demonstrate a reverence for life.

Gr. 5-6: Students will grapple with the ways that right and wrong often seem mixed up with each other. They will work with the idea that determining right and wrong often depends on circumstances and perception.

Gr. 7-8: In this session, the class will understand their connections to each other using the concept of interdependence. They also focus on one definition of spirituality as our relationship to the known and unknown.

Grades 9-12 meet 10:45-12:15. Please sign-in beginning at 10:30.

Topic: Mystery - the Practice of Embracing Life with Humility and Awe. Through activities and sharing personal stories, students will discuss how they tend to treat life -- like a problem to be solved, a game to be won, a mystery to be solved, etc.

Holiday FUUN Night

Sat., Dec. 15

HAPPY
HOLIDAYS

4 – 6 p.m.

Celebrate the holiday season with UU families at this annual event!

Bring a generous potluck dish to share (serves 5 or more)*.

Games and activities designed for children PreK through Grade 5.

**Please do not bring nuts or nut products, due to allergy concerns.*



Adult Formation News



For questions, contact [Rev. Sue Sinnamon](#)

A REMINDER: Unless otherwise noted in the information, these groups are open to newcomers and would be happy to welcome you! We encourage everyone to participate in these many wonderful opportunities to learn and grow together.

New Opportunities

Adult OWL at First UU REGISTRATION IS OPEN!

Using values, communication skills and spirituality as starting points, this program explores sexuality issues for adults of all ages. Builds



understanding of healthy sexual relationships, affirms diversity and helps participants accept and affirm their own sexuality throughout their lives.

Rev Sherman Logan and Rev Faith Harris, facilitators.

January 10 through February 28,
Thursdays 6:30 - 8:30 pm. (8 Sessions)

Contact Rev. Sue to register.

sue.sinnamon@richmondUU.org

Learn more about OWL for all ages:

<https://www.uua.org/re/owl>



Interested in a
multicultural trip to visit
Romania and our Partner
Church? Meet with Rev.
Sue between the
services on Dec 2nd in
the Library.

THE UNITARIAN UNIVERSALIST
PARTNER CHURCH COUNCIL PRESENTS:
July 2019 Cross-Cultural Pilgrimage to Transylvania
July 31, 2019 to August 13, 2019

Learn more on the First UU website:
www.richmondUU.org/adult-formation

Price:

\$1,195 (double occupancy) + \$150 non-refundable registration fee

CONTACT Rev Sue Sinnamon for more details.

Small & Practice Group News

More information on these areas of interest can be found at the website:

[ADULT FORMATION ADDITIONAL ANNOUNCEMENTS](#)



DOGWOOD SPIRIT CIRCLE

is offering Earth-Centered Spirituality CLASSES!

The SABBAT

THE WHEEL OF THE YEAR

Have You Ever Asked what Holidays Do Pagans

Celebrate?

Thursday, December 6th from 7-8pm

Contact Michele Vogt for more information.

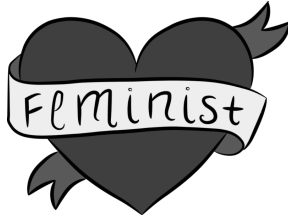
910-515-6431 or michelineavogt@gmail.com

or Jamie Merling bluemoon2000@yahoo.com

MEN MEETING or M₂

meet again on December 11th!
6:30-8:30pm in the Alcove B

Call or email Todd Van Gordon for details:
908-797-2923 or todd.van.gordon@gmail.com



FEMINIST GROUP

will meet again on December 13th
from 6:30-8pm in the President's Hall

Email Terri Wulf for details:
terriwulf@gmail.com

CIVIL CONVERSATIONS about CONTROVERSIAL ISSUES

meet again on December 6th
from 6:30-8:30pm in the Library

The topic for our next meeting is "What are the challenges of being a police officer in the era of Black Lives Matter?" with special guest Ray Tarasovic (Richmond Chief of Police, retired) and possibly a representative of the Richmond Police Department.



To be added to the mailing list, or for more information
Contact: [Anne-Marie McCartan](mailto:Anne-Marie.McCartan)

Wednesday Community Night



Vespers

6:00 pm-6:30 pm

A quiet center to our week!

Vespers continues year-round

Vespers is an intimate, contemplative, and conversational half-hour service provided by our ministerial interns. We welcome you and appreciate you just as you are and whenever you can join us. MEETS IN THE GREAT HALL

Simple Supper

6:30 pm

Come enjoy good food and fellowship. Soup salad and bread are typical fare. Volunteers prepare the supper. Consider signing up with your group or team! See the volunteer section below or go to <http://richmondvv.volunteer.com/#5>

Dec. 26th: NO Supper DUE TO HOLIDAY

Ministers Present

7:15 pm -8:30 pm

December 5, 12, 19

Spirit in Practice: Rev Sherman

The idea of spiritual practice encourages individuals to take responsibility for their own spiritual development by spending time working on it, deliberating on its meaning and how best to pursue it, seeking to understand the sacred through reading and the counsel of others, and seeking to have contact with the sacred through personal reflection and prayer.

—Robert Wuthnow, scholar of American religious history.

Rev Sherman will offer a forum for learning, sharing, and growth that can enrich our faith journeys. He will discuss how we can develop regular spiritual practices, practices that will help us connect with the sacred ground of our being, however we understand it to be.



Life Stage Groups News

DayTimers 11:00 to 1:00 on December 12th

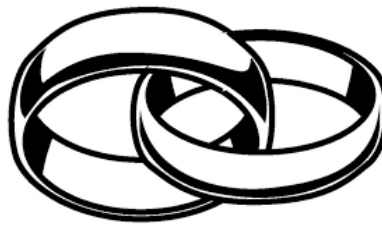
The 1st UU DAYTIMERS will meet from 11:00 a.m. to 1:00 p.m. in the President's Hall, on Wednesday, December 12th.

Newcomers welcome! Contact Pat Vaughn



Want to know when the following groups meet? Visit our Growth Groups page on the website for contact information for each convener!





Upcoming Practice Group Meetings

Looking for a contact person?

Want to know the overall schedule of when a group meets?

Check out our website page on [Practice Groups](#)!

Antiracism Group

next meeting

December 9th at 12:30 pm

Library

[must take Living the Pledge
before joining]

Tai Chi

Every Monday from 6:30-7:30 pm

President's Hall

UU Christian Fellowship

next meeting

December 4th from 5:30-7:00 pm

Library

Humanism in Practice

3rd Wednesdays at 2:00 pm

Contact [Mariah Travis](#)

for location and date in December.

DOGWOOD SPIRIT CIRCLE

next meeting

December 2nd from 10-10:45

Library

Vespers Contemplative Service

Every Wednesday 6:00-6:30 pm

UU Zen Group

Sitting and Walking Meditation

Every Thursday 7:00 pm

Nursery

Yoga with Jodi

Contact: [Jodi Bock](#) for schedule

Dances of Universal Peace

next meeting

December 8th at 7:30 pm

President's Hall

RVA Western Mystery

School Study Group

3rd Tuesday of each month 6:30

pm

Contact: [Michelle Northrop](#)

for December date and location.

Greater Richmond Humanist

Group

next meeting

December 11th from 6:30-8:00 pm

Great Hall



Upcoming Events



First UU Coffee Fundraiser

First UU is partnering with local coffee roaster Lamplighter (voted Style Magazine's Best Independent Coffeehouse 2012-2016 and Hall of Fame in 2017, not to mention Richmond Times Dispatch named it best Coffee Shop in 2018) for a seasonal fundraiser.

COFFEE DAYS will begin this Sunday, **December 2**, with representatives of Lamplighter available during coffee hour and after second service to sell ½ pound bags of coffee beans with our unique First UU label and accept additional orders. ***For each bag sold the church will receive \$4.50 to our***

operating account, so order generously!

We'll be featuring Tall Bike Blend, a blend with notes of baker's cocoa, and almond, fig. It is smooth and sweet with a mild acidity. This crowd-pleaser has been a mainstay since the Lamplighter opened its doors in 2009. It's a three-part blend of Columbia/Costa Rica Nicaragua coffees. It will be freshly roasted the week you pick up your order.

Email your order to Joan Lewis jl154@cornell.edu

Name:

Preorders:

____ Number of 8oz bags @ \$12

____ number of roasted beans

____ number of fresh ground

Likely pick-up date:

____ December 9

____ December 16

____ December 23

Payment options: Cash, check, or charge

You're Invited!

Coastal Virginia Unitarian Universalists' Kwanzaa Celebration!

CVUU invites congregants
and community family
and friends to our 3rd
Annual Kwanzaa

Celebration - we will
screen a film, enjoy delicious, afrocentric foods and traditional performances,
and offer an opportunity for guests to purchase contemporary and handmade
crafts, artwork, jewelry, home goods and accessories.



The Bazaar is open to the public in the spirit of Ujamaa, or cooperative
economics, just in time for the holiday season!

809 S. Military Hwy, Virginia Beach, VA 23464



First UU Leadership / Small Group
Facilitators' Group meeting
Saturday, December 1st
from 9:00-11:00 am

Come eat donuts and participate
in a sharing circle on the December packet, "Mystery"
and the January packet, "Possibility."

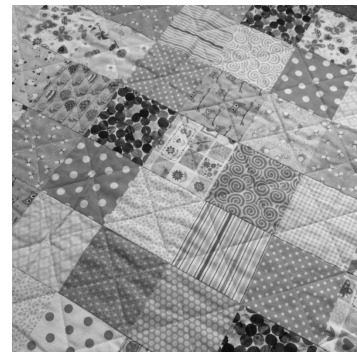
(please note, the donut count will not be doubled, haha)

We would like ALL groups to be represented at these monthly meetings.
Contact Dianna MacPherson to be added to our email distribution list.
suusi.macpherson@gmail.com

Dec. 2 & 9 - Quilters' holiday boutique!

The First Unitarian Universalist QUUilters will offer
handmade items for holiday giving on **SUNDAYS,**
DECEMBER 2ND & 9TH BEFORE, BETWEEN, AND
AFTER SERVICES.

Please bring cash or check!



Sip 'n Sup Sign-up For 2019 Has Begun and Ends December 2

It is that time of year to sign up to be part of Sip 'n Sup
for next year. As many of you know, this is an informal
and fun way to get to know other First UU members



and friends better.

The plan is to meet for dinner one Saturday a month for four months starting in January. Be a host for one of the dinners and a guest at the others. Your commitment to participate in Sip 'n Sup involves hosting 8 or so (including you) one evening in your home and providing the entire meal, beverages, etc. Then the other three evenings you will be a guest at someone else's home. It's a great deal! But everyone has to keep their end of the bargain. Please

note that if the particular date that you have been assigned for hosting does not work for you, that you are free to negotiate another date with the people you are scheduled to host.

Email Howard Fabry at hfabry@verizon.net to get on the list or for more details. Deadline for signing up is Sunday, December 2.

Please provide your mailing address, email address and telephone number when you write. Also include any special requests about scheduling, etc.

First UU Presents: "Admit One" and "Second Chance". Two one act plays that explore loneliness and changing life styles for older adults.

Starring Diana Donald, Jana Frances-Fischer, Charlyn Harrison, and Larry Landon. Directed by Dori Richardson



Saturday, December 1, 7:00 pm and Sunday, December 2, 2:30pm in the Great Hall.



You're Invited!
**Meet & Greet/Planning Meeting/
Channukah Celebration
for the new Jewish Spirituality
group!**

**December 2nd at 5:00pm
in the President's Hall**

You're Invited!
To a special upcoming weekend of
shamanic trainings hosted by Williamsburg
UUs and taught by Peter Clark of
Shaman's Flame.

The workshops will be held on Feb. 9-10



but the early-bird registration deadline is Dec. 14.

<https://wu.breezechms.com/form/62da94>

For more information, or to register, visit the link above!

Opportunities for Social Justice Work



Help Greene School get much-needed school supplies!

We will be collecting Box Tops for **Greene School**. Go to the website <https://www.boxtops4education.com> to learn about the program then bring your boxtops to church each Sunday.

Look for the box and a list of products on the social justice table or contact Joan Lewis for more information

BUT WAIT, THERE'S MORE!

We have the opportunity to develop **after school enrichment clubs** at **Greene school**. A whole range of activities could be considered. **Do you have a hobby or activity that you would like to introduce to the kids?** Topics like dance, singing, a reading club, boardgames, but the opportunities are only limited by your interest.

To talk about this possibility please contact Joel Blum at jokerblum@gmail.com.

Volunteer Opportunities at First UU



Remember - our church is a community built around mutual love and giving. We need YOU to complete the circle by giving back to the community through volunteering your time or resources!

CALLING ALL GROUPS! Simple Supper Needs YOU!

Please participate in providing Radical Hospitality for Community on Wednesdays!

A nourishing evening for body and spirit.

Pick a date or two during this season (through May), to prepare and donate Simple Supper. Each supper needs six to eight people to prepare, set up, serve and clean up.

Sign up here: <http://richmondUU.ivolunteer.com/#5>

Come and eat supper with us!
Or shadow any group providing supper ahead of your time.

Please contact Rick Carr to set up a 90-minute class to learn about the machinery in the kitchen. Rick can be emailed through the link on his name, or call 804-349-5303 (voice/text).

**Darlene Dragavon, Simple Supper Coordinator
804-562-2175**

Sunday Ushers and Visitors Table Welcomers are Needed!

Choose a Sunday and a service, (9 am or 11 am) and come receive training with an experienced hospitality person. Plan to arrive 20 mins before service starts. Shadow and assist to learn the ropes and then commit to serve one service on one Sunday per month.

Sign up online <http://richmondUU.ivolunteer.com/hospitality18> 20

or contact [Ben Wharton](#)



Miss a sermon? Listen now on:

[PODBEAN](#)

Need to know more about events?

[View our CALENDAR](#)

Visit our website

Visit our Facebook page

Need a black and white version for printing?

The easiest thing to do is select "properties" next to your printer name (after you select the option to print this email). In the box that opens up, you should be able to find a way to switch your printer to print only in black and white.

There is a very small percentage of readers of this email that request a pre-formatted black and white version, and the process to create that version on our end is very time-consuming (not as simple as the steps listed above). Please attempt to adjust your printer settings yourself before you request a black and white version from the communications person.

First Unitarian Universalist Church of Richmond | 804-355-0777
communications@richmondUU.org | www.richmondUU.org