



OCTOBER 2020

SENIOR CONNECT VIRTUAL PROGRAMS

WEEK OF OCT. 3-9 (CONTINUED)

THURS
10/8

EXERCISE/ WELLNESS

Baptist Exercise
Classes



**Baptist Health
South Florida**

ART/COOKING/ GAMES

Senior Game Day

Virtual Bingo

[CLICK HERE](#)

to register

11am-12pm



MUSIC/DANCE THEATRE

Music Sing Alongs
for Seniors



EDUCATION

C.A.M.P: Planting
with Thi

2pm



**Baptist Health
South Florida**

OTHER

FRI
10/9

Baptist Exercise
Classes



**Baptist Health
South Florida**

Village of Pinecrest

Virtual Bingo

10-11am

[gzoghbi@pinecrest-
fl.gov](mailto:gzoghbi@pinecrest-fl.gov)
to register

The Metropolitan
Opera Nightly Encore
Performance
7:30pm

The Metropolitan Opera

English Conversation
Circle
4-4:30pm



ABOUT

Enjoy the many virtual programs being offered in partnership with several organizations, our sister cities, and other social media platforms. Many of these programs are **FREE**. Some dance/art classes will remain on the calendar for **2 weeks** to allow you more time to practice.

****Programs advertised with no times allows you to participate at your own pace.**

BAND
APP

FOR MORE
INFO



Senior Connect

STAY CONNECTED WITH VILLAGE SENIOR
PROGRAMS & HAPPENINGS



JOIN THE "SENIOR
CONNECT" BAND APP.
SIMPLY POINT YOUR PHONE
CAMERA TO THE QR CODE
TO JOIN TODAY!!

IF YOU HAVE ANY QUESTIONS, PLEASE
EMAIL EVENTS@PALMETTOBAY-FL.GOV OR MESSAGE US USING
THE "SENIOR CONNECT" BAND APP.