



THE CENTER FOR
Exceptional
FAMILIES

Teen & Young Adult Newsletter
Apr/May/June 2025

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Are you in need of services? Click below to fill out a request for services, and one of our parent mentors will follow up with you!

REQUEST FOR SERVICES



Sensory Cinema Schedule SPRING 2025

April 5 – SNOW WHITE
APRIL 5 – MINECRAFT

MAY 30 – LILO & STITCH
MAY 30 – KARATE KID: LEGENDS

Spring Into Transition Planning

Spring is the perfect time to start planning for your child's transition to the next stage—whether it's a new grade, a new school, or life after high school. Transition planning helps ensure a smooth shift by setting goals, exploring options, and building essential skills. Consider discussing transition services with your child's IEP team, researching community resources, and focusing on independence-building activities at home. Need guidance? The Center for Exceptional Families is here to help you navigate the transition process with confidence!

CLICK HERE FOR MORE INFO:

<https://thecenterforexceptionalfamilies.org/programs/youth-in-transition/>



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Exceptional Families
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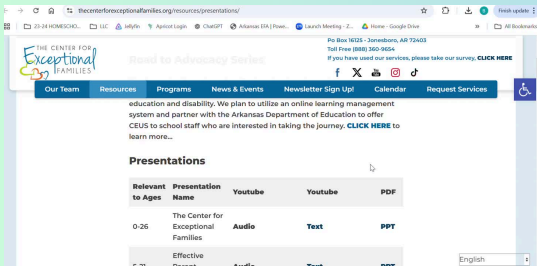
<https://thecenterforexceptionalfamilies.org/>



Resources & Information

DID YOU KNOW?

We have tons of
information and
trainings on our website.



Find it all HERE!

We Need Your
Feedback!

If you have used our
services, please fill out
our survey below!

SURVEY

Be Prepared: A New Emergency Toolkit for Young Adults with Disabilities

Emergencies can happen at any time—are you ready? The *Emergency Preparedness Toolkit for Young Adults with Intellectual and Developmental Disabilities (IDD) and their Primary Care Team* is here to help you take charge of your health and safety in times of crisis. Whether it's a natural disaster, a medical emergency, or an unexpected situation, having a plan in place can make all the difference. With input from experts, self-advocates, and disability organizations, the toolkit includes step-by-step guides, checklists, and practical tips to ensure your unique health and support needs are covered during an emergency.

Stay prepared and take control of your future! Download the toolkit today and start planning.

For more information, visit [Emergency Preparedness Toolkit](#)