



FREE LUNCHES FOR ALL STUDENTS!!!!

St Francis Xavier Elementary: October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Free Lunches for All Students!!!!</p>			<p>(1) Turkey Hot Dog</p> <p>(2) Ham & Cheese Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>No Lunch</p>
			1	2
<p>(1) Cheese Quesadilla</p> <p>(2) Apple Cinnamon Muffin W/ Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Corn Dog on a Stick</p> <p>(2) Strawberry or Cinn. Bagel Fun Lunch w Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Cheeseburger or Hamburger</p> <p>(2) Turkey & Cheese Sandwich</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Pancake Wrapped Sausage on a stick</p> <p>(2) Dinner Roll, Ham & Cheese Cube Fun Lunch</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Chicken Patty</p> <p>(2) Yogurt Parfait w/ Strawberries and Blueberries w/ Granola</p> <p>Assorted Fruits and Vegetables</p>
5	6	7	8	9
<p>(1) Chicken Nuggets</p> <p>(2) Blueberry Muffin W/ Yogurt & String cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Pizza Dunkers</p> <p>(2) Strawberry or Cinn. Bagel Fun Lunch w Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Italian Sub Sandwich</p> <p>(2) Turkey Bacon Ranch Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Walking Dorito Taco</p> <p>(2) Ham & Cheese Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>No Lunch</p>
12	13	14	15	16
<p>(1) Cheese Quesadilla</p> <p>(2) Apple Cinnamon Muffin W/ Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Mini Corn Dogs</p> <p>(2) Strawberry or Cinn. Bagel Fun Lunch w Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Cheeseburger or Hamburger</p> <p>(2) Turkey & Cheese Sandwich</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Macaroni and Cheese</p> <p>(2) Dinner Roll, Ham & Cheese Cube Fun Lunch</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Chicken Patty</p> <p>(2) Yogurt Parfait w/ Strawberries and Blueberries w/ Granola</p> <p>Assorted Fruits and Vegetables</p>
19	20	21	22	23
<p>(1) Chicken Nuggets</p> <p>(2) Chocolate Muffin w/ Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Pizza Dunkers</p> <p>(2) Strawberry or Cinn. Bagel Fun Lunch w Yogurt & String Cheese</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Italian Sub Sandwich</p> <p>(2) Turkey Bacon Ranch Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>(1) Turkey Hot Dog</p> <p>(2) Ham & Cheese Wrap</p> <p>Assorted Fruits and Vegetables</p>	<p>No Lunch</p>
26	27	28	29	30

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include skim white, 1% white and non-fat chocolate. Menu subject to change. Please contact Logan Wilson, Director of Dining Services 284-5570. This institution is an equal opportunity provider.