



Knights of Columbus are called to support the U.S. bishops' consecration of the United States to the Sacred Heart of Jesus and celebrate the nation's 250th anniversary. Focus your council or assembly's efforts on the following campaigns to help your parish complete its mission of 250 hours of adoration and 250 works of mercy.

kofc.org/america250

250 Hours of Adoration



Pray a Holy Hour

Organize Holy Hours with the goal of spending a total of 250 hours in Eucharistic adoration. If planning overnight adoration, council members should sign up to ensure every hour is covered with at least two members. Each person in attendance counts for one hour. You can also organize a Eucharistic procession on Corpus Christi Sunday.

Resources, including the [Holy Hour Service Guide \(#10708\)](#) and [Eucharistic Procession Guidebook \(#11348-E\)](#) are available on Supplies Online.



Host the Pilgrim Icon Program

As part of the Pilgrim Icon Program, host a **Sacred Heart Holy Hour**, which includes readings from Sacred Scripture and reflections from Pope Francis on the Sacred Heart of Jesus, as well as the Divine Mercy Chaplet, prayers to the Sacred Heart, and time for silent prayer and adoration of the Blessed Sacrament. These prayer services can be held with or without the icon of the Sacred Heart of Jesus.

Family Home Enthronement of the Sacred Heart of Jesus

Following your Holy Hour, distribute materials for families to enthrone an image of the Sacred Heart of Jesus in a place of honor in their homes, renewing their commitment to be faithful disciples and consecrating themselves to Jesus' Most Sacred Heart.

Resources, including the [Sacred Heart Holy Hour booklet \(#5050\)](#), as well as everything a family needs to conduct the enthronement, are available on www.kofc.org/sacredheart and Supplies Online. They can also be purchased at shopcatholicinfo.com.

250 Works of Mercy



Plan a Day of Service

Identify the biggest needs in your parish and wider community and carry out acts of mercy and service. Suggested activities include:

- Assemble and distribute care packages for the homeless.
 - Visit kofc.org/encounteringthepoor for a three-part video with insights and practical tools for serving those most in need.
- Volunteer at a local food bank or collect non-perishable food items for the hungry
 - Through the [Food for Families](#) program, for every \$500 or 1,000 lbs. of food donated, the Supreme Council will refund the council \$100 (up to \$500 max)
- Coach, officiate or provide general support for Special Olympics events
- Clean the grounds of your local school, parish, cemetery or seniors' homes in your area
- Host a blood drive
- Collect flags and conduct flag retirement ceremonies

All participation should be reported using the [this form](#) to highlight the Order's support for this historic celebration.

