



KNIGHTS OF COLUMBUS

MAKING A DIFFERENCE FOR LIFE

Introduction

The Knights of Columbus has produced a 12-episode video series entitled *Into the Breach*, inspired by the Apostolic Exhortation for Catholic men written by Bishop Thomas Olmsted of the Diocese of Phoenix. This video series seeks to answer the question of what it means to be a man and how to live as a man in today's world.

The Supreme Knight has asked that all college councils be the first to participate in this expansion of the *Into the Breach* Faith in Action program this Lent and Easter season.

This program can be done as a stand-alone event, or as part of the Lecturer's Program after your council meeting and will qualify as an *Into the Breach* program on the Columbian Award.

Please complete the [Fraternal Programs Report Form \(#10784\)](#) after each *Into the Breach* session. A survey for feedback will be sent in mid-March. Please complete this survey by April 15.

Outline for Discussions

These Reflection Guide episode chapters provide group discussion materials for the five *Into the Breach* episodes of Brotherhood, Leadership, Life, Prayer and Spiritual Warfare.

Each reflection session should ideally feature one episode followed by a discussion using the accompanying Reflection Guide episode chapter. Each session should be around one hour. Each small group should have a group leader to facilitate conversation and should have six to eight total participants.

Each chapter provides materials to aid in group discussion in the following sections:

- **Understanding the Breach:** Questions designed for group discussion after watching the related episode.
- **Bricks for the Breach:** Quotes from the episode or Phoenix Bishop Thomas Olmsted's document *Into the Breach: An Apostolic Exhortation to Catholic Men*. Each quote provides a solid guide or "brick" for repairing the breach in the Church.
- **Sword of the Spirit:** Scripture passages or verses that are related to the content of the episode. These passages can be considered "the sword of the Spirit" (Ephesians 6:17) that confronts and conquers evil.
- **Call to Battle:** Practical action steps for implementing the message of the episode.

Using These Reflection Guide Episode Chapters for Group Discussion

Before beginning a reflection session, a person should be appointed as the session leader to moderate the sessions.

Session leaders are asked to:

- Prepare for the session through prayer and by watching the video in advance and reading through the corresponding Reflection Guide. This will allow for a smoother facilitation of conversation.
- Begin with the opening prayer to the Holy Spirit, followed by a few moments of recollection.
- Show the episode for the reflection session.
- Discuss the episode using the questions provided under "Understanding the Breach." As part of this discussion, the leader could share some of the key quotes from the "Bricks for the Breach" section; these may also be used to provide motivation or as further topics for discussion after discussing the questions.
- Use the suggested scriptural passage under "Sword of the Spirit" for group discussion or individually for prayer and meditation.
- Talk over progress on spiritual goals found under the section "Call to Battle" from the previous session. [Omit this step for the first session.]
- Announce the practical spiritual goals for the session from the "Call to Battle" section and tell members that you will discuss progress on these goals at the next meeting.
- Conclude by asking for prayer intentions and praying the Prayer to St. Michael.