

## THE TRUE MEANING OF CHRISTMAS



We are coming upon Christmas shortly. We could be a lot better prepared for this busy event if only we had a little more notification of when it is coming! Every year, even with plenty of warning, it comes with busyness and excitement that often times overwhelms us.

Instead of complaining about this annual time of hustle and bustle, try to relish in it and celebrate it. We can all express that Christmas seems to have lost its way through commercialization and consumerism. And this, of course, is true. However, just making noise over this commercialism does not make it go away. Every year it seems that Christmas decorations and sales are earlier than the year before.

If the true meaning of Christmas is the flesh and blood presence of Our God among us, then let it be so through us as well. Celebrate where you are loved, in spite of these unsettling times when you are grumpy and feel run over by the season. Practice hospitality to all. Seek out the lonely and depressed. Be a sign of God's Love to the unloved.



*May you have the Spirit of Christmas,  
Which is Peace.  
The Gladness of Christmas,  
Which is Hope.  
The Heart of Christmas,  
Which is Love.  
The Gift of Christmas,  
Which is Christ.*

Ada Hendricks, Author

Christmas Blessings,  
Peggy Taylor, RN ~ Parish Nurse