

MEDIA, PA

FEBRUARY 3 & 4, 2017 ~ PERSONAL GROWTH WORKSHOP

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**SURVIVING SPIRITS:  
HEALING TRAUMA  
AND ADDICTION**

⌘ KATE HEDGINS, PH.D., TEP

SCOTT GIACOMUCCI, LSW, CET II, TSI-AL

& TSI's ACTION HEALING TEAM ⌘

When TSM first started in the early 90s, we called our personal growth workshops "Surviving Spirits" to honor the courage and determination of the women and men who participated in order to heal from sexual abuse. TSM has traveled the world into 30 countries, and the model has evolved to facilitate the healing of both collective and individual wounds, while expanding its effectiveness with all types of trauma.

We now re-introduce this TSM workshop with an emphasis on building the spontaneity and creativity needed to face trauma without the veil of addictions, including eating disorders. At times, words are not enough, so this workshop utilizes action methods and expressive arts as an avenue for healing. Through proven TSM group work, we pay special attention to safety and confidentiality, increasing participants' sense of resilience and community to share their loss and grieve the past. This is an introductory workshop for those on a journey of healing, who are ready to work in a like-minded community using action methods and expressive arts.

**DATES/TIMES:** Friday, 2/3: 6-9 pm; Saturday, 2/4, 10am-6pm. **FEES:** \$250. **VENUE:** Penn State University, Main Building, Room 113, 25 Yearsley Mill RD, Media, PA. **SPONSOR:** Giacomucci & Walker, LLC. **INFORMATION:** SCOTT GIACOMUCCI: [giacomucciscott@yahoo.com](mailto:giacomucciscott@yahoo.com).

KATE HEDGINS, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, following overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards. [www.drkatehudgins.com](http://www.drkatehudgins.com).

Workshop organizer & TSI Assistant Leader, SCOTT GIACOMUCCI, LSW, CTTS, CET II, is in private practice at Giacomucci & Walker, LLC. West Chester, PA. He provides trauma treatment services at Mirmont Treatment Center incorporating classical psychodrama, TSM, and other experiential therapies into work with trauma and addiction. [www.SGiacomucci.com](http://www.SGiacomucci.com).