## MOMZONE

## A SUPPORTIVE GROUP FOR YOUNG MOTHERS

## Located at:

Ozone House Drop-In Center 102 N. Hamilton St. Ypsilanti, MI 48197

## **DETAILS**

- It's free!
- Open to pregnant or parenting mothers aged 15-21.
- Childcare available.
- Food and bus tokens provided.
- 6 sessions covering topics including: nutrition, coping with stress, finding childcare, development and milestones, car seat safety, safe sleep and head start.
- Space is limited! Email
   momzone1705@gmail.com or
   call 734-216-7350 to RSVP!

When does MomZone meet?

<u>6:30pm-8:00pm</u> on the following dates:

MAY 15 JUNE 5
MAY 22 JUNE 12
MAY 29 JUNE 19

