

Connecting Parents, Building Community

Let's navigate the peaks and valleys of
parenthood together.

****January Topic:****

- How to be a peaceful parent by learning tools to stay calm
- Ending the relationship between anger and yelling

**Elbert & Lincoln Counties
Circle of Parents**

What

Join other parents and caregivers in our community to share support, tips and advice or just talk. This is a safe space to vent, cry, laugh, joke and find out how other parents are navigating this new world. Drop-ins are welcome, and snacks are provided.

When & Where

When: 2nd and 4th Tuesday of each month at 6:30 pm

In person: 34427 Co Rd 13, Elizabeth, CO 80107

Virtually 2nd Tuesday: [https://us02web.zoom.us/j/87046468004?](https://us02web.zoom.us/j/87046468004?pwd=c6Viuk2laQcaujAXiONsZkGNhxnll.1)

[pwd=c6Viuk2laQcaujAXiONsZkGNhxnll.1](https://us02web.zoom.us/j/87046468004?pwd=c6Viuk2laQcaujAXiONsZkGNhxnll.1)

Virtually 4th Tuesday: [https://us02web.zoom.us/j/84118388247?](https://us02web.zoom.us/j/84118388247?pwd=SE25hUbBaWT9NEhdCx2Gnn3mT5YYl2.1)

[pwd=SE25hUbBaWT9NEhdCx2Gnn3mT5YYl2.1](https://us02web.zoom.us/j/84118388247?pwd=SE25hUbBaWT9NEhdCx2Gnn3mT5YYl2.1)

Contact

PattyAnn Fontenot

pafontenot@connections4families.org

(303) 646-8119

Safe



Friendly

Confidential



Colorado Chapter
CIRCLE of PARENTS



illuminate
Building Brighter Childhoods