



### Conference on Parenting at SDFAS

#### HOW TO SET LIMITS AND STICK WITH THEM

&

#### CONSEQUENCES THAT WORK

**Thursday, OCTOBER 12<sup>th</sup> from 6:30pm to 8:00pm**

**1 hour conference followed by 30 minutes Q&A in the Auditorium**

**with Hilde Gross, Family Coach & Core Dynamics Master Coach (CDMC)**

This workshop introduces the concept of kind and firm discipline, unconditional love, and the value of more action and less talk. Find out why it is so important to set limits, effectively communicate them and follow through without repeating or arguing. Learn the difference between punishment, discipline, natural and logical consequences and assist your children in becoming responsible, cooperative, respectful, self-sufficient and self-confident.

For more information feel free to contact Hilde at (619) 379-7646 or visit her website at: <http://www.SecretsToSuccessfulParenting.com>

**Registration to the conference is mandatory:**

Sign up at the front desk or email Stéphanie at [admin@sdfrenchschool.org](mailto:admin@sdfrenchschool.org)

*Deadline to register: Thursday, October 12<sup>th</sup> 2017 by 12:00 noon*