

# SAN DIEGO FRENCH AMERICAN SCHOOL

MARCH 2018 Desserts may vary depending on baker's availability. Vegetarian Option : Mondays  
the entree will be served with no meat. Wednesday will be Cheese sandwich and Vegetable Soup

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>WINTER BREAK</b> <sup>1</sup>	<b>WINTER BREAK</b> <sup>2</sup>
<b><u>ALL AMERICAN</u></b> <sup>5</sup> BBQ Chicken Pasta - Cole Slaw Fresh Fruit * <input type="checkbox"/> <u>Gluten Free</u> <u>Option</u> * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>6</u></b> Bratwurst Mashed Potatoes Peas & Carrots Fresh Fruit * <input type="checkbox"/> <u>Gluten Free</u> <u>Option</u>	<b><u>7</u></b> Roast Beef Sandwich Vegetable Soup Fruit Salad Carrot Cake * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>FRENCH DAY</u></b> <sup>8</sup> Chicken Provencal Brown Rice Fresh Fruit * <input type="checkbox"/> <u>Gluten Free Option</u>	<b><u>9</u></b> 3 Cheese Pasta Au Gratin Green Salad Rugulachs * <input type="checkbox"/> <u>Vegetarian</u>
<b><u>MEXICAN DAY</u></b> <sup>12</sup> Beef Tacos Mexican Rice Fresh Fruit * <input type="checkbox"/> <u>Gluten Free</u> <u>Option</u> * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>ALL AMERICAN</u></b> <sup>13</sup> Mac & Cheese Casserole w/ Ham Broccoli Fresh Fruit	<b><u>14</u></b> Turkey Sandwich Vegetable Soup Fruit Salad Coconut Macaroons * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>FRENCH DAY</u></b> <sup>15</sup> Beef Burgundy Mashed Potatoes Fresh Fruit * <input type="checkbox"/> <u>Gluten Free Option</u>	<b><u>ITALIAN DAY</u></b> <sup>16</sup> Baguette Pizza Garden Salad Cheesecake * <input type="checkbox"/> <u>Vegetarian</u>
<b><u>ALL AMERICAN</u></b> <sup>19</sup> Chicken Pot Pie Casserole Garden Salad Fresh Fruit * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>20</u></b> Chili Con Carne Rice Celery Sticks Fresh Fruit * <input type="checkbox"/> <u>Gluten Free</u> <u>Option</u>	<b><u>21</u></b> Cheese Sandwich Chicken Soup Fruit Salad Brownie * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>ITALIAN DAY</u></b> <sup>22</sup> Pasta Rustica Greek Salad Fresh Fruit	<b><u>FRENCH DAY</u></b> <sup>23</sup> Spinach & Mushroom Quiche Greek Salad Ginger Pound Cake * <input type="checkbox"/> <u>Vegetarian</u>
<b><u>MEXICAN DAY</u></b> <sup>26</sup> Chicken Fajitas Rice Fresh Fruit * <input type="checkbox"/> <u>Gluten Free</u> <u>Option</u> * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>ITALIAN DAY</u></b> <sup>27</sup> Spaghetti and Meatsauce Green Salad Fresh Fruit	<b><u>28</u></b> Tuna Sandwich Vegetable Soup Fruit Salad Apple Pie * <input type="checkbox"/> <u>Vegetarian Option</u>	<b><u>ALL AMERICAN</u></b> <sup>29</sup> Roasted Chicken & Vegetables Fresh Fruit * <input type="checkbox"/> <u>Gluten Free Option</u>	<b><u>30</u></b> Vegetable Lasagna Garden Salad Cowboy Cookies * <input type="checkbox"/> <u>Vegetarian</u>