



### Conference on Parenting at SDFAS

## HOW TO BALANCE LOVE AND DISCIPLINE & HOW TO AVOID EVERYDAY POWER STRUGGLES

**Tuesday, April 10<sup>th</sup> from 6:30pm to 8:00pm**

**1 hour conference followed by 30 minutes Q&A in the Auditorium**

**with Hilde Gross, Family Coach & Core Dynamics Master Coach (CDMC)**

Hilde's parenting workshop will help you to apply practical and easy to learn methods to resolve even the most frustrating struggles in a loving and positive way. Find out why it is important to understand what causes power struggles, how to disengage in a kind and firm way, and what to do to avoid them in the future. Teach children responsibility, cooperation skills and how to communicate with dignity and respect.

For more information feel free to contact Hilde at (619) 379-7646 or visit her website  
at: <http://www.SecretsToSuccessfulParenting.com>

### **Registration to the conference is mandatory:**

Sign up at the front desk or email Stéphanie at [admin@sdfrenchschool.org](mailto:admin@sdfrenchschool.org)

*Deadline to register: Tuesday, April 10<sup>th</sup> 2017 by 12:00 noon*

Also, please note the dates for a 5-week Parenting Seminar with Hilde Gross !

Tuesdays: starting May 15, 22, 29, June 5 & 12, 2018

Time: 6:30pm - 8:30pm @ SDFAS

*Price: \$270 per person or \$370 per couple (+ \$36 for workbook and textbook)*

**To register, please send an email to Hilde Gross [Hilde@hidelcs.com](mailto:Hilde@hidelcs.com) or call her at (619) 379-7646**