

SAN DIEGO FRENCH AMERICAN SCHOOL.

MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SDFAS SAN DIEGO FRENCH AMERICAN SCHOOL	GERMAN DAY1 Bratwurst Mashed Potatoes Peas & Carrots Fresh Fruit  <u>Gluten Free Option</u>	2 Tuna Sandwich Veg. Soup Fruit Salad GingerPoundCake  <u>VegetarianOption</u>	ITALIAN DAY3 Chicken Caesar Salad Baguette Fresh Fruit  <u>Gluten Free Option</u>	FRENCH DAY4 Spinach Quiche Organic Salad Baguette Cookies  <u>Vegetarian</u>
ALL AMERICAN7 Chili Con Carne Brown Rice Celery/Carrot stick Fresh Fruit  <u>Gluten Free Option</u>  <u>VegetarianOption</u>	MOROCCAN DAY 8 Chicken Tagine Couscous Fresh Fruit  <u>Gluten Free Option</u>	9 Cheese Sandwich Chicken Soup Fruit Salad Apple Pie  <u>VegetarianOption</u>	ITALIAN DAY10 Beef Lasagna Caesar Salad Baguette Fresh Fruit	11 3-Cheese Pasta Spinach Salad Fresh Fruit  <u>Vegetarian</u>
MEXICAN DAY14 Beef Tacos Mex. Rice Salsa Fresca Fresh Fruit  <u>Gluten Free Option</u>  <u>VegetarianOption</u>	ITALIAN DAY15 Pasta Rustica Green Salad Fresh Fruit	16 Turkey Sandwich Veg. Soup Fruit Salad Cheesecake  <u>VegetarianOption</u>	ALL AMERICAN17 Chicken Pot-Pie Casserole Greek Salad Fresh Fruit  <u>Gluten Free Option</u>	FRENCH DAY18 Ratatouille Couscous Baguette Rugulachs  <u>Vegetarian</u>
ALL AMERICAN21 Meatloaf Quinoa Salad Baguette Fresh Fruit  <u>VegetarianOption</u>	22 Bbq Chicken Potato Salad Cole Slaw Fresh Fruit  <u>Gluten Free Option</u>	23 RoastBeef Sandwich Veg. Soup Fruit Salad Cream Puffs  <u>VegetarianOption</u>	ITALIAN DAY24 Parmesan Chicken Mac & Cheese Green Salad Fresh Fruit  <u>Gluten Free Option</u>	25 MINIMUM DAY
28 MEMORIAL DAY	MEXICAN DAY29 Chicken Fajitas Rice Fresh Fruit  <u>Gluten Free Option</u>  <u>VegetarianOption</u>	30 Salami Sandwich Veg. Soup Fruit Salad Brownies  <u>VegetarianOption</u>	FRENCH DAY31 Chicken Provencal Noodles Fresh Fruit  <u>Gluten Free Option</u>	