













# SAN DIEGO FRENCH AMERICAN SCHOOL.

## MARCH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Turkey Sandwich Soup Fruit Salad Dessert	<b>GERMAN DAY. 2</b> Bratwurst Mashed Potatoes Green salad Fresh Fruit   <u>Gluten Free Option</u>	<b>ITALIAN DAY. 3</b> Tortellini Marinara Spinach Salad Fresh Fruit Dessert   <u>Vegetarian</u>
<b>6</b> Parmesan Chicken Green Salad Fresh Fruit Yogurt & Berries   <u>Gluten Free Option</u>	<b>ITALIAN DAY. 7</b> Salmon Penne Pasta Roasted Beet Salad Fresh Fruit	<b>8</b> Cheese Sandwich Soup Fruit Salad Dessert	<b>9</b> Beef Lasagna Caesar Salad Baguette Fresh Fruit	<b>FRENCH DAY. 10</b> Spinach and Mushroom Quiche Green Salad Fresh Fruit Dessert   <u>Vegetarian</u>
<b>JAPANESE DAY 13</b> Soba Noodles with Chicken Baguette Fresh Fruit Dessert	<b>ENGLISH DAY. 14</b> Shepherds Pie Greek Salad Baguette Fresh Fruit   <u>Gluten Free Option</u>	<b>15</b> Pastrami Sandwich Soup Fruit Salad Dessert	<b>FRENCH DAY. 16</b> Chicken Provencal Egg Noodles Baguette Fresh Fruit	<b>17</b> Baked Fish Rice Green Salad Dessert   <u>Vegetarian</u>
<b>MEXICAN DAY. 20</b> Chicken Fajitas Rice Baguette Fresh Fruit   <u>Gluten Free Option</u>	<b>ITALIAN DAY. 21</b> Spaghetti Meatsauce Green Salad Baguette Fresh Fruit	<b>22</b> Salami Sandwich Soup Fruit Salad Dessert	<b>23</b> Poulet Yassa Brown Rice Baguette Fresh Fruit	<b>FRENCH DAY. 24</b> Ratatouille Couscous Fresh Fruit Dessert   <u>Vegetarian</u>
<b>MEXICAN DAY. 27</b> Beef Tacos Mexican Rice Fresh Fruit	<b>ITALIAN DAY. 28</b> Pasta Rustica Green Salad Baguette Fresh Fruit	<b>29</b> Tuna Sandwich Soup Fruit Salad Dessert	<b>ALL AMERICAN 30</b> Chili Con Carne Rice Carrots & Celery Fresh Fruit   <u>Gluten Free Option</u>	<b>31</b> Vegetable Asian Stir Fry Dessert   <u>Vegetarian</u>

Desserts may vary depending on baker's availability.