

# SAN DIEGO FRENCH AMERICAN SCHOOL

## MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b>            Turkey Sandwich            Vegetable Soup            Fruit Salad            Carrot Cake   <a href="#">Vegetarian Option</a></p>	<p><b>2</b>            Poulet Yassa            Rice            Fresh Fruit   <a href="#">Gluten Free Option</a></p>	<p><b>ITALIAN DAY 3</b>            Vegetable Lasagna            Green Salad            Fresh Fruit            Rugulahs   <a href="#">Vegetarian</a></p>
<b>ASIAN DAY 6</b> Chicken StirFry Noodles Fresh Fruit  <a href="#">Vegetarian Option</a>	<b>GERMAN DAY 7</b> Bratwurst Mashed Potatoes Peas & Carrots Fresh Fruit  <a href="#">Gluten Free Option</a>	<p><b>8</b>            Roast Beef Sandwich            Vegetable Soup            Fruit Salad            Apple Pie   <a href="#">Vegetarian Option</a></p>	<p><b>ALL AMERICAN 9</b>            Roast Chicken            Vegetables            Fresh Fruit   <a href="#">Gluten Free Option</a></p>	<p><b>ITALIAN DAY 10</b>            Baguette Pizza            Garden Salad            Fresh Fruit            Ch Chip Cookie   <a href="#">Vegetarian</a></p>
<b>ALL AMERICAN 13</b> Chicken PotPie Casserole Green Salad  <a href="#">Vegetarian Option</a>	<b>FRENCH DAY 14</b> Ham & Cheese Quiche TomatoCucumber Fresh Fruit	<p><b>15</b>            Pastrami Sandwich            Vegetable Soup            Fruit Salad            Cowboy Cookie   <a href="#">Vegetarian Option</a></p>	<p><b>16</b>            Beef Burgundy            Mashed Potatoes            Fresh Fruit   <a href="#">Gluten Free Option</a></p>	<p><b>17</b>            Veggie Chili            Brown Rice            Fresh Fruit            Carrot Cake   <a href="#">Vegetarian</a></p>
<b>MEXICAN DAY 20</b> Beef Tacos Mexican Rice Salsa Fresca  <a href="#">Vegetarian Option</a>	<b>ALL AMERICAN 21</b> BBQ Chicken Mashed Potatoes Corn Fresh Fruit  <a href="#">Gluten Free Option</a>	<p><b>22</b>            Ham &amp; Cheese Sandwich            Vegetable Soup            Fruit Salad            Cheesecake   <a href="#">Vegetarian Option</a></p>	<p><b>ITALIAN DAY 23</b>            Spaghetti            Garden Salad            Fresh Fruit</p>	<p><b>24</b>  <b>MINIMUM DAY NO HOT LUNCH</b></p>
<b>27</b> <b>MEMORIAL DAY</b>	<b>ITALIAN DAY 28</b> Pasta Rústica Garden Salad Fresh Fruit	<p><b>29</b>            Tuna Sandwich            Vegetable Soup            Fruit Salad            Brownies   <a href="#">Vegetarian Option</a></p>	<p><b>MEXICAN DAY 30</b>            Chicken Fajitas            Mexican Rice            Fresh Fruit   <a href="#">Gluten Free Option</a></p>	<p><b>FRENCH DAY 31</b>            Ratatouille            Couscous            Fresh Fruit            GingerPoundCake   <a href="#">Vegetarian</a></p>

\*Desserts may vary depending on baker's availability.

 [Vegetarian Option](#) : Mondays the entree will be served with no meat.

 Wednesday will be Cheese sandwich and Vegetable Soup