



# Ohio Living

## Breckenridge Village

### Weekly Buzz

**March 26, 2021**

#### **Resident Beautification Committee**

The Breckenridge Village Residents' Beautification Committee welcomes help from any volunteer who can share in the planning, planting, and/or continued care during the summer (weeding, watering and cultivation). One or two hours a week to help with watering would be welcome. This is a recognized volunteer opportunity and hours qualify for our volunteer program on campus. Newer residents are especially encouraged. If you have a love of flowers and gardening, there is a spot for you. The beautification spring planning meeting is **Wednesday March 31<sup>st</sup> at 1:30 p.m.** at **OCP**. For any questions or to RSVP, call Debora at **953-1375**. At this meeting, elections will be held to elect new committee members, appoint plant coordinators, and discuss the spring fundraiser and planting schedules.

#### **Care Cards Update**

**North Care Cards** - The resident volunteers meet Thursdays, from 10:00 to noon in the BVN Community Room. Care Cards are for sale in the BVN Lobby Monday - Friday during business hours.

**MCA Care Cards** - The group will resume Thursday, April 1st from 1:00 to 3:00 p.m. at the MCA Art Room. Easter Care Cards will be sold at MCA on Friday, March 26th and Monday, March 29th from 9:30 to 11:30 a.m. Care Cards will be available for purchase at the SSH pantry when it reopens.

**Grace Woods Care Cards** - There will be a meeting on Thursday, April 1st at 10:30 a.m. at the River's Edge Pub regarding the starting of Grace Woods Care Cards. Easter Care Cards will be sold on Friday, April 2nd from noon to 2:00 p.m. in the lobby of River's Edge.

#### **OLBV Pantries Closed**

The Pantries at North, SSH, and Grace Woods will be closed on Friday, April 2nd due to Good Friday.

#### **Art Classes with Mary Price**

##### **Painting Class**

Monday, April 12th – Monday, May 17th  
BVN Community Room  
10:30 – 11:30 a.m.

Cost: \$25.00, supplies are included.

All levels are welcome. You will be painting with acrylics and watercolors. Scholarships are available for those who qualify. If interested, call 953-1375 to sign up.

##### **Mixed Media Art Class**

Wednesdays, April 14th – May 19th  
MCA Art Room  
1:30 – 3:00 p.m.

Cost: \$25.00, supplies are included.

All levels are welcome. Scholarships are available for those who qualify.

##### **Mixed Media Art Class**

Fridays, April 16th – May 21st  
GW Reserve Community Room  
1:00 – 2:30 p.m.

Cost: \$25, supplies are included.

All levels are welcome. Scholarships are available for those who qualify.

#### **Dr. Greg Ferro Presentation on Justice Felix Frankfurter**

Wednesday, March 31st  
10:00 a.m.

Chapel Channel 1856

Join Dr. Ferro for a free presentation as he discusses Justice Felix Frankfurter. If you have a question or a message for Dr. Ferro during the presentation, please call 440-497-0177 and we will pass your question on to him.

#### **Through The Eyes Of The Artist**

Felicia will be back in April and with us throughout the summer. Dates and topics to be announced.



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## Breckenridge Village

### Weekly Buzz - Page 2

#### A Note From Chaplain Bev Wrobel

*For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God (1 Peter 1:23).*

Our beautiful Cleveland Botanical Garden has an ongoing butterfly exhibit that displays the metamorphosis cycle of this incredible insect. First a butterfly egg is laid on a plant by an adult female. The plant then becomes the food for the hatching caterpillar. When the caterpillar is full grown, it stops eating and becomes a pupa, called a chrysalis. To the observer, it may look like nothing is happening during this stage, but legs, wings, eyes and other parts are forming. And when the new butterfly emerges, it can fly! What an amazing transformation!

What is interesting to think about regarding this miracle of nature is this: The butterfly doesn't replace the caterpillar; the butterfly is the caterpillar in a more developed and perfect form. The butterfly is what God intended the caterpillar to become. Likewise, when we are transformed by the Holy Spirit, we are becoming what God fully intended us to be!

**Prayer** – Dear God, thank you for the beauty of nature and the mystery of your creation. Thank you that we get to enjoy it. Most especially, we thank you for our own transformation. As we live for you, we experience the ongoing blessing of a changed life. Amen.

#### Holy Week and Easter Services Schedule

**Palm Sunday Service** - Friday, March 26 at 2:30 p.m. on Chapel Channel 1856. The Palm Sunday Service will be replayed on Sunday, March 28, at 2:00 p.m. on BVTV 1855.

**Good Friday Service** - Friday, April 2nd at 2:30 p.m. on Chapel Channel 1856.

**Easter Service** - Sunday, April 4th at 2:00 p.m. on BVTV 1855.

#### Ranchers' Open Art Studio

2nd and 4th Fridays of the month  
2:00 to 4:00 p.m.  
MCA – Art Room

For details, questions, or to sign up call 953-1375.

#### Students from Willoughby-Eastlake Schools Would Like to Hear Your Story

Students would like to interview World War II veterans and anyone with an interesting story to tell. Beginning in April the students will start virtual interviews. Scheduling will take place after signups. For more information call Debora at 953-1375.

#### Weekly Puzzle Packets

To save paper, we no longer include the weekly puzzles in our update packet. If you would like to continue to receive a packet of puzzles each week, call 953-1375 and let us know and we will happily drop them off to you each week. The puzzle may arrive separately from the weekly update and possibly not on the same day. You do not need to call each week.

#### Virtual Reality Sessions

Have you had a chance to check out our Virtual Reality Sessions yet? Some of this month's sessions include trips to Hawaii, Cuba, Ireland, Egypt, Spain, and Australia. More information has been posted in your buildings. Group sizes are limited due to social distancing. If you have any questions or would like to sign up, call 953-1375.

**GW** sessions are on Mondays from 1:00 to 1:45 p.m. and from 2:00 to 2:45 p.m. in the Reserve Community Room.

**Ranchers'** sessions are on Thursdays from 11:00 to 11:45 a.m. in OCP.

**SSH** sessions are on Wednesdays from 2:15 to 3:00 p.m. and from 3:15 to 4:00 p.m. in the SSH Dining Room.

**Brownstone** sessions are on Tuesdays from 11:00 to 11:45 a.m. in the Brownstone Community Room.

**BVN** sessions are on Thursdays from 1:00 to 1:45 p.m. and from 2:00 to 2:45 p.m. in the North Community Room. **NO SESSION on Thursday, April 1st.**



# Ohio Living

## Breckenridge Village

### Weekly Buzz - Page 3

#### **Amanda's Family Hearing Appointments**

Amanda's Family Hearing provides free hearing screenings and helps residents navigate the process of purchasing and being fitted for hearing aids. The next available appointments with Amanda's Family Hearing will be Wednesday, April 21st at North. Call 953-1375 to sign up.

#### **Trip Updates**

We know everyone is ready to go back to Playhouse Square and Severance Hall. The Cleveland Orchestra has announced that they will not have any in person performance until Fall 2021. Our contact at Playhouse Square has informed us that the current plan is for shows to return in person beginning in Fall 2021.

#### **VWAC News**

Advanced sign up is no longer required for exercise classes. Residents will be able to resume use of the pool on Wednesday, March 17th, by appointment only. Please call 942-4349 to schedule your pool time.

Please take note of VWAC hours:

**Therapy Hours:** M-F 8:00 a.m. to 4:30 p.m.

**Open Gym:** M W F 8:15 to 11:00 a.m. / Noon to 4:00 p.m. T TH 8:15 to 11:00 a.m. / Noon to 2:00 p.m.

**Open Track:** M W F 8:15 to 11:00 a.m. / Noon to 4:00 p.m. T TH 8:15 to 11:00 p.m. / Noon to 2:00 p.m.

**Open Pool:** M-F block times 8:15 to 9:45 a.m. / 10:00 to 11:45 a.m. / Noon to 1:45 p.m. / 2:00 to 3:45 p.m.

#### **VWAC Exercise Class Schedule** **Exercise with Ray**

Monday, Wednesday, Friday  
11:00 to 11:45 p.m.  
VWAC

#### **Chair Yoga with Sue**

Tuesdays, and Thursdays  
2:00 p.m.

VWAC

#### **Movement to Music with Kimberly**

Fridays  
12:45 p.m.

#### **Standing Balance Class with Kimberly**

Monday, Friday  
12:00 p.m.  
VWAC

#### **North Exercise Schedule**

##### **A Building Chair Exercises with Ray**

Monday, Wednesday  
1:15 p.m.  
BVN Community Room

##### **B Building Chair Exercise with Ray**

Monday, Wednesday  
2:15 p.m.  
BVN Community Room

#### **Yoga with Ray**

Wednesdays, Fridays  
10:00 to 10:45 a.m.  
BVN Community Room

#### **Brownstone Chair Exercise with Kimberly**

Mondays  
3:15 p.m.  
BRN Community Room

#### **Grace Woods Class Schedule**

##### **REE, REW, & WR Chair Exercise with**

##### **Kimberly**

Tuesdays  
2:15 p.m.  
Bridge

#### **LA and RS Chair Exercise with Kimberly**

Thursdays  
2:15 p.m.  
Bridge

#### **SSH Chair Exercise Class Schedule**

Tuesdays at 3:15 p.m.  
Thursdays at 2:15 p.m.