



National Lutheran School Week March 6-10<sup>th</sup>. Special Dress and Activities all this week.

\*\*\*K-8<sup>th</sup> Early Dismissal on 10<sup>th</sup>. If you are going to aftercare this day and need a lunch please let your teacher know.



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



CHICKEN NUGGETS 1  
FRENCH FRIES  
FRUIT  
GREEN BEANS

CHICKEN PENNE PASTA 2  
FRUIT  
ROLL  
SALAD

PIZZA 3  
CORN  
FRUIT  
SALAD

CORN DOG 6  
FRUIT  
GREEN BEANS  
MAC & CHEESE

**National Cereal Day** 7  
SAUSAGE BISCUIT  
CEREAL (VARIETY PKS)  
FRUIT

CHICKEN NUGGETS 8  
FRENCH FRIES  
FRUIT  
GREEN BEANS

PIZZA 9  
CORN  
FRUIT  
SALAD

**GRANDPARENTS DAY** 10  
\*\*SEE NOTE ABOVE\*\*  
CCC  
TURKEY & CHEESE ROLL UP  
CORN FRUIT

TEACHER IN SERVICE 13  
**K-8<sup>th</sup> & CCC CLOSED**

TACO 14  
BLACK BEANS  
CORN  
FRUIT

CHICKEN NUGGETS 15  
FRENCH FRIES  
FRUIT  
GREEN BEANS

SAUSAGE BISCUIT 16  
FRITATAS (CHEESY EGGS)  
FRUIT

**St. Patrick's Day** 17  
PIZZA  
CORN  
FRUIT  
SALAD

MEATBALL SUBS 20  
FRUIT  
GREEN BEANS  
MAC & CHEESE

GRILLED CHEESE 21  
CARROTS  
CHICKEN NOOFLE SOUP  
FRUIT

CHICKEN NUGGETS 22  
FRENCH FRIES  
FRUIT  
GREEN BEANS

PIZZA 23  
CORN  
FRUIT  
SALAD

**K-8<sup>th</sup> CLOSED. CCC OPEN** 24  
TURKEY & CHEESE ROLL UP  
CORN FRUIT

HAMBURGER 27  
FRUIT  
GREEN BEANS  
MAC & CHEESE

TACO 28  
BLACK BEANS  
CORN  
FRUIT

CHICKEN NUGGETS 29  
FRENCH FRIES  
FRUIT  
GREEN BEANS

SPAGHETTI MEAT SAUCE 30  
FRUIT  
ROLL  
SALAD

PIZZA 31  
CORN  
FRUIT  
SALAD